Intentional Learning

- Experiential Education: Learning by Doing
- “I can learn more about a person in an hour of play than a lifetime of conversation.” ~Plato
- ‘Sit and Get Won’t Grow Dendrites’ by Dr Marcia Tate
What is Training Wheels?

- Team Development Programs
- Online Store
- Playnote & Conference Presenter
- Author of 5 Team Building Books
- Author of The Spokesperson newsletter that reaches 16,000 people in 65 countries
What is Personify leadership?

- Leadership Development Program
- Personify Leadership is an engaging two-day, highly interactive program that provides comprehensive development for leaders.
- 8 competencies of effective leadership
- Train the Trainer Certification to deliver program internally
Connection Activity

- Find a partner
- Find the common image on your card
- Then find one thing you have in common with your partner
Leadership and Mirror Neurons
There is nothing as fast as the speed of trust.
There is nothing as profitable as the economics of trust.
There is nothing as relevant as the pervasive impact of trust.

Stephen M.R. Covey, CEO, Coveylink

Trust always affects two outcomes:

Speed and Cost
The Trust Factor

The Trust Dividend™

\[ \text{Trust} = \uparrow \text{Speed} \downarrow \text{Cost} \]

When trust is high, speed will go up and cost will go down.

The Trust Tax™

\[ \text{Trust} = \downarrow \text{Speed} \uparrow \text{Cost} \]

When trust is low, speed will go down and cost will go up.
Mousetrap Trust Sequence

**Mousetraps**

- **GATE**
- **HOOK**
- **ARM**

**Safety Zone**
Keep your fingers on the V-side of the trap
To set your trap first hold your Trap with the V of Victor under your thumbs and the ‘arm’ hanging down (figure 2). Using your dominant hand pull back on the ‘Gate’ (figure 3) and hold down with your thumb (figure 4).
Mousetrap Trust Sequence

Take the ‘Arm’ and line up the curved section of the arm near the Hook with the ‘catch’ on the “cheese holder” (figure 5). If you give a slight upward pull on the arm, when you believe you are in place, you will feel the resistance from the ‘catch’. Once you feel this keep tension on the arm as you release pressure off the ‘Gate’ until it takes over the tension on the ‘Arm’ (figure 6). With successful tension your mouse trap is now set (figure 7).
Mousetrap Trust Sequence

Phase 1: Set or Load the Trap (Approximately 3 minutes)

Partners should teach and coach each other to set the trap. Everyone should have an opportunity to set a trap.
Mousetrap Trust Sequence

Phase 2: Set or Load the Trap Blindly (Approximately 3 minutes)

Partners should teach and coach each other to set the trap while the ‘setter’ has his eyes closed and the partner coaches verbally and visually.
Mousetrap Trust Sequence

Phase 3: Unset the Trap (Approximately 2 minutes)

One person holds his hand flat with fingers together and places his hand over the top of a loaded trap. Then, when he is ready, he lifts his hand quickly.
Mousetrap Trust Sequence

Stage 4: Unset the Trap Blindly (approximately 4 minutes)

With their eyes closed, the Setter will set the trap, lay it in their outstretched palm, and then unset the trap, all while being coached verbally by their coach.
Discussion Activity

Use these charms as conversation prompters.

- **Brain**: What is something you learned today?
- **Lungs**: How was this experience a breath of fresh air?
- **Foot**: Identify a step in a new direction for yourself. How did you make a good impression?
- **Hand**: How can what you learned here today ‘lend a hand’ to your practice? -or- Give a hand to someone for a job well done.
- **Heart**: Describe a feeling you experienced. What did you take to heart?
Take Home Activity

Use the colors of the Stoplight as a Behavior Management Tool.

- **RED:** What do I need to **STOP** doing?
- **YELLOW:** What do I need to be **CAREFUL** of?
- **GREEN:** What are things I’m doing well I need **GO** for or continue doing?
Closing Activity

UFO Ball

If we all stay connected to the mission, vision and values of your organization, then cool things can happen! If someone disconnects from it, it has an effect on everyone.
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