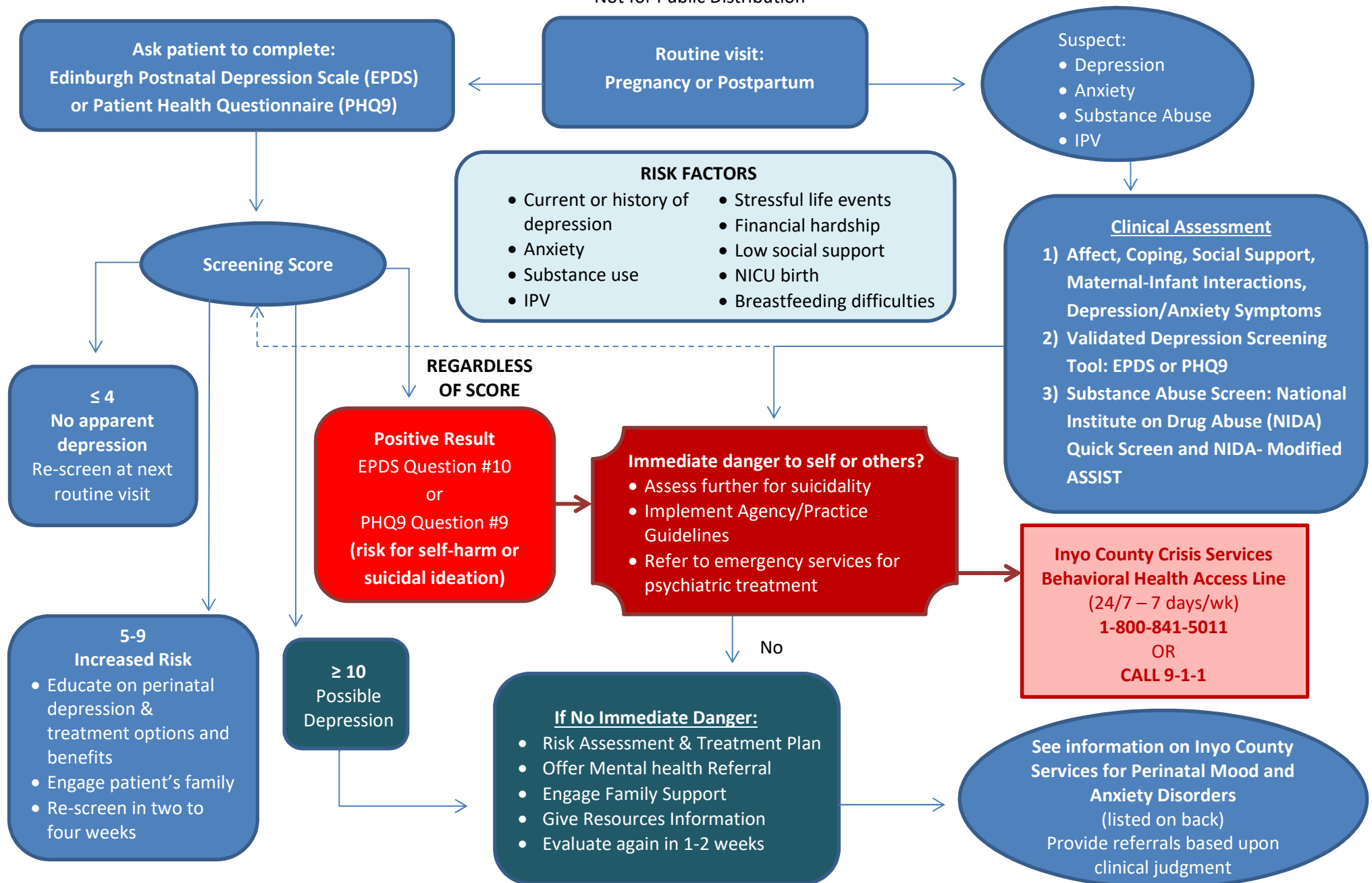


Perinatal Mood and Anxiety Disorders: Maternal Screening and Care Pathway

Not for Public Distribution



The American College of Obstetricians and Gynecologists recommends that obstetrician-gynecologists and other obstetric care providers screen patients at least once during the perinatal period for depression and anxiety symptoms using a standardized, validated tool. It is recommended that all obstetrician-gynecologists and other obstetric care providers complete a full assessment of mood and emotional well-being during the comprehensive postpartum visit for each patient. If a patient is screened for depression and anxiety during pregnancy, additional screening should then occur during the comprehensive postpartum visit. *This care pathway was designed to assist the clinician and is not intended to replace the clinician's judgement or establish a protocol for all patients with a particular condition. Diagnosis and treatment should be under close supervision of a qualified health provider.*

Inyo County Services for Perinatal Mood and Anxiety Disorders

Program Name	Mild-Moderate Symptoms	Moderate-High Symptoms	Perinatal Group Support & Education	Substance Use Treatment	Patient Cost	Contact & Additional Information
Northern Inyo Healthcare District Rural Health Clinic Care Coordination Team	✓	✓			✓	760-873-2031 153 Pioneer Ln, Bishop <ul style="list-style-type: none"> • Accepts MediCal • Accepts private insurance
Northern Inyo Healthcare District Rural Health Clinic – Women’s Health	✓	✓		✓	✓	760-873-2602 153 Pioneer Ln, Bishop <ul style="list-style-type: none"> • Accepts MediCal • Accepts private insurance
Northern Inyo Healthcare District NEST Mom’s Group <i>Meets every Tuesday from 10 to 11am</i>	Mild		✓		No Cost	760-873-2191 2957 Birch Street, Bishop <ul style="list-style-type: none"> • No appointment necessary
Toiyabe Indian Health Project Family Services <i>Mental Health and Substance Use</i>		✓	✓	✓	✓	760-873-6394 250 N. See Vee Lane Bishop, CA <ul style="list-style-type: none"> • <i>Appointments prioritized by severity</i> • Accepts MediCal • Accepts private insurance
Inyo County, HHS Department Mental Health		✓			✓	760-873-6533 162 J Grove Street Bishop, CA <ul style="list-style-type: none"> • <i>Appointments prioritized by severity</i> • <u>Only accepts</u> MediCal
Inyo County, HHS Department Behavioral Health Access Line (Crisis Hotline)		✓			No Cost	1-800-841-5011
Inyo County, HHS Department Substance Use Disorder <i>Including Perinatal Group</i>	✓	✓	✓	✓	✓	760-873-6533 162 J Grove St Bishop, CA <ul style="list-style-type: none"> • Accepts MediCal • Accepts private insurance

Inyo County also has a network of private medical providers offering treatment. Consult your local provider network directory.

The ACOG Postpartum Toolkit includes resources on the key components of postpartum care, including postpartum depression and substance use: <http://www.acog.org/About-ACOG/ACOG-Departments/Toolkits-for-Health-Care-Providers/Postpartum-Toolkit>



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