Logic Model: Community Based Maternal Child Mental Health Support

**Project Principles**
- Ecological and Holistic Approach
  - Programs for children, parents, and families
  - Focus on children’s emotional, behavioural, and physical functioning
- Community Driven Programs
  - Resident engagement in governance, program planning and implementation
- Integration with Existing Services
  - Partnerships with educational, health, social, and community services
- Universally Available Programming
  - Open to all children and families

**Project Program Components**
- Child-Focused Programs
  - In-class and in-school programs
  - Child care enhancements
  - After-school activities
  - Before school breakfast program
  - Kindergarten readiness
  - Recreation programs
- Parent/Family-Focused Programs
  - Home visitors
  - Parent support groups
  - Parenting workshops
  - One-on-one support
  - Child care for parent relief
  - Family camps
- Neighbourhood-Focused Programs
  - Community leadership development
  - Special community events and celebrations
  - Safety initiatives in the neighbourhood
  - Community field trips
  - Adult education

**Outcomes**
- Child Outcomes
  - Child social functioning
  - Child emotional & behavioural problems
  - Child attitudes towards school & school functioning
  - Child health and health risk behaviours
- Parent/Family Outcomes
  - Parenting behaviour
  - Parent social and emotional functioning
  - Parent health and health promotion
  - Family functioning
- Neighbourhood Outcomes
  - Social and health services utilization and access
  - Parent involvement in the neighbourhood
  - Neighbourhood quality

**Impact/Project Goals**
- Promote children’s health, well-being, and development
- Reduce children’s emotional and behavioural problems
- Strengthen parents, families, and neighbourhoods in responding to the needs of their young children