

Intervention Planning Resources and Tools

» Adolescent Health	» Immunization	» Preconception Health & Prenatal Care
» Adverse Childhood Experiences (incl. trauma-informed care)	» Infant Health	» Social Determinants of Health
» ^[1] Access to Care	» [?] Infectious Diseases	» ^[2] Substance Abuse & Behavioral Health
» Asthma	» ^[3] Injury	» ^[2] Sudden Infant Death Syndrome
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» Child Health	» ^[3] Oral Health	^[4] » ^[2] Violence ^[5]
» Children & Youth with Special Health Care Needs	» ^[3] Overweight and Obesity	
» Fathers and Partners/Spouses	» ^[3] Perinatal Mood and Anxiety Disorders	
» Health Insurance	» Perinatal Substance Use (incl. marijuana use)	

View newly added logic models, policy briefs, research, etc. All new resources are marked: **NEW**

Last Updated: February 2021

*****NEW COVID-19 RESOURCES FOR MCAH***^[6] (we are adding to this page regularly during the pandemic)**

NEW** Billing Codes for Psychological Services^[7] and a breakdown of psychological services and eligibility requirements (for all ages, incl postpartum)^[8] ***NEW

NEW** All County Letter: Provisional Postpartum Care Extension^[9] - Describes Medi-Cal policy instruction from DHCS ***NEW

The Power of Prevention: The Cost Effectiveness of Maternal and Child Health Interventions^[10]

- From AMCHP, for all MCH programs to read.

Overview: Principles of Community Engagement, Second Edition [11]. NIH (pdf)

Overview: How to promote healthy behaviors in patients? An overview of evidence for behavior change techniques [12]. Health Promotion International (pdf)

12 Tips for Data Visualization [13] - From the Center for Care Innovations (CCI)

CA 2015 HEDIS Aggregate Report for Medi-Cal Managed Care [14]

Plan-Do-Study-Act (PDSA) Worksheet [15] - "QI Essentials" from the Institute for Healthcare Improvement

The Importance of Data Sharing to Support Integration of Substance Use Treatment in California's Medi-Cal Program [16] - From the Center for Health Care Strategies, Inc. May 2017

Maternity Care in California: Delivering the Data (June 2016) [17] - From the California Health Care Almanac from the California Health Care Foundation, other data and data sources can be found [HERE](#) [18] and [HERE](#) [19] on our website!

The Screening Tool Finder [20] - Created by the STAR Center at the American Academy of Pediatrics (AAP)

Everyday Words for Public Health Communication [21] - Developed by the CDC

Adolescent Health

Resources:

1. California Adolescent Health Collaborative [22] has several data resources including:

- ? California Adolescent Health Data Set [23]
- ? California Adolescent Health Report Cards [24]
- ? ASHWG Data Tables [25]
- ? County Adolescent Health Reports [26]
- ? Internet Links to Adolescent Health Data [27]

2. Adolescent & Young Adult Health National Resource Center [28]- A collaboration led by the National Adolescent and Young Adult Health Information Center, in the Division of Adolescent and Young Adult Medicine at the University of California, San Francisco, in partnership with: the Association of Maternal and Child Health Programs; the University of Minnesota's State Adolescent Health Resource Center; and the University of Vermont National Improvement Partnership Network. The Center aims to promote adolescent and young adult health by strengthening the abilities of State Title V MCH Programs, as well as public health and clinical health professionals, to better serve adolescent populations. The Center's work will focus increasing receipt of quality preventive visits for adolescents and young adults. This is a focus of many state Title V programs, including those that selected National Performance Measure #10: percent of adolescent (ages 12-17) with a past-year preventive visit.

Research & Interventions:

1. Measuring Youth Program Outcomes [29] - A comprehensive review of program outcome measures used for evaluating interventions to facilitate healthy relationships/communication knowledge, and skills among youth, published by the Forum for Youth Investment.
2. California Collaborative for Youth Development [30]
3. Improving the Health of Adolescents and Young Adults: A Guide for States and Communities [31] (pdf)
4. Sexual Health Behavior Interventions for U.S. Latino Adolescents: A Systemic Review of the Literature. [32]NIH, 2012. (pdf)
5. Trends in Adolescent Sleep 1991-2012 [33] - American Academy of Pediatrics (AAP)
6. School Mental Health Referral Pathways (SMHRP) Toolkit [34] - funded by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) to help state and local education agencies and their partners develop effective systems to refer youth to mental health service providers and related supports.
7. Family Ruptures, Stress, and the Mental Health of the Next Generation [35] - This paper studies how in utero exposure to maternal stress from family ruptures affects later mental health.
8. What Research Tells Us About Latino Parenting Practices and their Relationship to Youth Sexual Behavior [36] - Published in 2008 from the National Campaign to Prevent Teen and Unplanned Pregnancy
9. Paving the Road to Good Health - Strategies for Increasing Medicaid Adolescent Well-Care Visits [37] ***NEW***
10. Promoting the Well-Visit to Parents [38] - From the National Adolescent and Young Adult Health Information Center, there are materials for promoting the well child visit among parents of adolescents and young adults that can be downloaded from this website. ***NEW***
11. Infographic on School Bullying [39] - From the University of Southern California ***NEW***
12. Adolescent Connectedness as an Important Protected Factor for Health and Well-Being [40] - From the CDC ***NEW***

» Interventions

Sexual Health and Pregnancy

1. *Be Proud! Be Responsible!* [41] [41]A comprehensive pregnancy/HIV/STD prevention program: To help young people change behaviors that place them at risk for HIV, STDs and pregnancy; to delay the initiation of sex among sexually inexperienced youth; to reduce unprotected sex among sexually active youth; to help young people make proud and responsible decisions about their sexual behaviors [6, 1-hour modules for middle- and high-school youth]
2. *Be Proud! Be Responsible! Be Protective!* [42]A comprehensive pregnancy/HIV/STD prevention program for pregnant and parenting teen girls: To affect knowledge, beliefs, and intentions related to condom use and sexual behaviors such as initiation and frequency of intercourse; Address the impact of HIV/AIDS on pregnant women and their children, the prevention of disease during pregnancy and the postpartum period, and special concerns of young mothers [8, 1-hour modules for middle- and high-school pregnant and parenting teen girls]
3. *Safe Dates* [43] A program designed to stop or prevent the initiation of emotional, physical,

and sexual abuse on dates or between individuals involved in a dating relationship. Goals: (1) changing adolescent dating violence and gender-role norms, (2) improving peer help-giving and dating conflict-resolution skills, (3) promoting victim and perpetrator beliefs in the need for help and seeking help through the community resources that provide it, and (4) decreasing dating abuse victimization and perpetration[for 13-17 year olds]

4. *¡Cuidate!* ^[44] A comprehensive pregnancy/HIV/STD prevention program: Influence attitudes, behavioral and normative beliefs, and self-efficacy regarding HIV risk-reduction behaviors, specifically abstinence and condom use, by incorporating the theme of; "¡Cuidate!"?taking care of oneself, one?s partner, family, and community; Highlight cultural values that support safer sex, and reframe cultural values that are perceived as barriers to safer sex; Emphasize how cultural values influence attitudes and beliefs in ways that affect HIV risk-associated sexual behavior [6, 1-hour modules for middle- and high-school Latino youth]

5. ^[45]*Making Proud Choices! For Youth in Out-of-Home Care* ^[45] A comprehensive pregnancy/HIV/STD prevention program designed to empower in-care adolescents with greater knowledge and self-respect that will encourage them to protect themselves against unintended pregnancies and STD and/or HIV infection. [10, 1.25 hour modules for youth in care]

6. *Families Talking Together* ^[46] A program designed to promote effective communication skills, build parent-adolescent relationships, help parents develop successful monitoring strategies, and teach adolescents assertiveness and refusal skills. [parents and youth at home]

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Mental Health

1. *Peers Making Peace* ^[47] The program focuses on creating and maintaining a safe school environment by providing students with a mediation process through which they can resolve their differences in a peaceful manner without an escalation to violence. The process also is designed to increase students' self-efficacy and self-esteem and to reduce students' discipline referrals and absences. [6-17 years of age in middle- and high-schools]

2. *Adolescent Coping with Depression Course* ^[48] A skills-based small-group treatment program for actively depressed adolescents. Adolescents are taught several skills hypothesized to relieve depression, including assertiveness, relaxation skills, cognitive restructuring techniques, mood monitoring, increasing pleasant activities, and communication and conflict-resolution techniques. A parent component helps keep parents aware of what their teens are learning in the program regarding general topics discussed, skills taught, and the rationale for their use. [16, 1-hour modules for middle- and high-school youth]

3. *Coping with Stress Course* ^[49] Program targets adolescents at risk for depression who are experiencing elevated depressive symptoms, or "demoralization." The program involves cognitive-restructuring techniques in which participants learn to identify and challenge negative or irrational thoughts that may contribute to the development of future mood disorders, such as depression. [15, 1-hour modules for middle- and high-school youth]

Also see Sexual Health and Pregnancy

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Injury Prevention

1. *Cure Violence* ^[50] Lower rates of gun-related batteries and arrests; Lower rates of retaliation killings.

2. *STRYVE: Striving to Reduce Youth Violence Everywhere* ^[51] Increase awareness that youth violence can and should be prevented; Promote the use of youth violence prevention approaches that are based upon the best available evidence; and Provide guidance to

communities on how to prevent youth violence.

3. *[52]Emergency Department "Means Restriction" Education [52]* is meant to help parents and adult caregivers of at-risk youth recognize the importance of taking immediate action to restrict access to firearms, alcohol, and prescription and over-the-counter drugs in the home in order to lessen the risk of self harm.

4. *Life Skills Training (LST) [53]* Lower rates of alcohol and substance use; Lower normative beliefs about alcohol and substance use; Lower rates of violence and delinquency.

5. *Operation Ceasefire [54]* Decrease in rates of youth homicides; Lower rates of gun assaults; reduced calls for service when gunshots fired.

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Violence Prevention

1. *Sexual Violence Prevention: Beginning with Dialogue [55]* Such prevention efforts work to modify and/or entirely eliminate the events, conditions, situations, or exposure to influences (risk factors) that result in the initiation of sexual violence and associated injuries, disabilities, and deaths. Additionally, sexual violence prevention efforts address perpetration, victimization, and bystander attitudes and behaviors, and seek to identify and enhance protective factors that impede the initiation of sexual violence in at-risk populations and in the community. [CBOs, healthcare providers, other community-level stakeholders]
2. *Peaceful Alternatives to Tough Situations (PATTS) [56]* Designed to help students increase positive conflict resolution skills, increase the ability to forgive transgressions, and reduce aggressive behavior. The program teaches cognitive skills, peer refusal skills, appropriate conflict resolution skills, identification and verbalization of emotions, recognition of anger cues, calming techniques, and forgiveness. [1st-12th graders]
3. *Joven Noble [57]* A youth development, support, and leadership enhancement curriculum designed to strengthen protective factors among male Latino youth ages 10-24. The curriculum aims to promote the character development of young men and facilitate continued "rites of passage" development with the goals of reducing and preventing unwanted or unplanned pregnancies, substance abuse, community violence, and relationship violence. The curriculum also promotes responsible and respectful behavior in relationships with significant others. [male Latino youth ages 10-24 years]
4. *Olweus Bullying Prevention Program [58]* Reductions in self-reported bullying; Reductions in self-reported victimization; Decreases in other forms of delinquency and anti-social behavior (e.g., theft, vandalism, and truancy) [1st-12th graders]
5. *The Steps to Respect: A Bullying Prevention Program [59]* Improved social competence and connectedness; Decreased vulnerability to bullying; Increased pro-social behavior [3rd-6th graders]
6. *Strengthening Families [60]* Family skills training program found to significantly reduce aggression, hostile behaviors, and alcohol and drug abuse as well as improve social competences and school performances. [2-hour weekly modules for parents and youth 10-24 years of age]
 - Strengthening Families Logic Model: The Pathway to Improved Outcomes for Children and Families [61]
7. *Second Step [62]* The program teaches empathy and communication, emotion-management and coping skills, and decision making. These skills help students stay engaged in school, make good choices, set goals, and avoid peer pressure, substance abuse, bullying, and cyber bullying. [13-15 modules for 6th-8th graders]

Also see Adolescent Mental Health

?**Also see** Adolescent Sexual Health and Pregnancy

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Substance Use

1. *Coping Power Program* [63] A cognitive-based intervention delivered to aggressive children and their parents during the children's transition to middle school. The program aims to increase competence, study skills, social skills, and self-control in aggressive children as well as improving parental involvement in their child's education. [24 youth modules and 10-16 parent modules]
 2. *Guiding Good Choices* [64] Lower rates of substance use; Lower rates of negative interactions between mothers and youth; Improved parent-youth relationships and communication [5 modules for 6th-8th graders]
 3. *InShape* [65] A brief prevention program to improve physical, mental and spiritual well-being of college students, ages 18-21, by connecting positive health habits and images with avoiding risky alcohol, tobacco, marijuana and other drug use.
 4. *Project Northland* [66] Lower rates of alcohol use; Reduced rates of smoking and substance use [6th-12th graders]
 5. *Project ALERT* [67] Motivating nonuse; Identifying pressures to use drugs, learning to resist those pressures, and practicing resistance skills; Review of key concepts and resistance skills practice; Inhalant Abuse; Smoking Cessation [14 modules for middle- and high-school youth]
- ? **Also see** Adolescent Injury Prevention

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Adverse Childhood Experiences (ACEs)

Literature & Resources:

1. Data Report: A Hidden Crisis - Findings on Adverse Childhood Experiences in California Aces [68] - From the Center for Youth Wellness
2. Resources for Training and Education in Trauma Informed Care [69] - From Trauma Informed Oregon
3. Update on California Adverse Childhood Experiences (2016) [70]- From CDPH
4. Trauma-Informed Care: Opportunities for High-Need, High-Cost Medicaid Populations [71] - From the Center for Health Care Strategies, Inc.
5. Issue Brief: Key Ingredients for Successful Trauma-Informed Care Implementation [72] - From Christopher Menschner and Alexandra Maul, Center for Health Care Strategies
6. Patient Preferences for discussing childhood trauma [73] - From the Permanente Journal
7. Maternal ACEs and Infant health: Biomedical and Psychosocial Risk as Intermediary Mechanisms - Madigan 2017 [74] - Published in the Journal of Pediatrics
8. Adverse Childhood Experiences Questionnaire & User Guide [75] - Developed by the Center for Youth Wellness. The ACE Questionnaire (?CYW ACE-Q?) is free and is intended to be used solely for informational or educational purposes. The ACE Questionnaire (?CYW ACE-Q?) is not a validated diagnostic tool, and is not intended to be used in the diagnosis, cure, mitigation, treatment or prevention of a disease or other condition. You can fill out the form on this website to access both.
9. ***Putting Trauma-Informed Care into Practice: Lessons from the Field***, was a two-part CHCS webinar series exploring innovative strategies for implementing a trauma-informed approach in both primary care settings and larger organizations and health

systems. The series, a product of the *Advancing Trauma-Informed Care* [76] initiative, was made possible by the Robert Wood Johnson Foundation. Due to the numerous questions that CHCS received, attached are Q&A documents featuring responses from each webinar's speakers as well as links to resources mentioned during the webinars. You may also access these documents, along with the webinar recordings and slides, via the links below:

- Implementing Trauma-Informed Care in Pediatric and Adult Primary Care Settings [77]
 - Implementing Trauma-Informed Care into Organizational Culture and Practice [78]
10. Trauma Informed Care Implementation Resource Center [79] - was developed by the Center for Health Care Strategies to provide tools and resources from trauma-informed care leaders across the country to help improve patient outcomes, increase patient and staff resilience, and reduce avoidable health care service use and costs.
 11. Technical Assistance Tool: Screening for Adverse Childhood Experiences and Trauma [80] - From the Center for Health Care Strategies ***NEW***
 12. A systematic review of trials to improve child outcomes associated with ACES [81] - Publication from the American Journal of Preventive Medicine
12. ACES's Aware [82] - A consensus of scientific research demonstrates that cumulative adversity, especially when experienced during childhood development, is a root cause to some of the most harmful, persistent, and expensive health challenges facing our nation. California is leading the way by training and providing payment to Medi-Cal providers for ACEs screenings to significantly improve health and well-being across the state's communities.
- ACE's Aware Training [83] ***NEW***
13. Current Observations and Innovative Trends on Trauma Awareness/Supports in Schools [84] - From the California Association of School Psychologists ***NEW***
 14. ACES Core Resilience Questionnaire [85] - Sample questionnaire ***NEW***
 15. Preventing Adverse Childhood Experiences (ACEs) [86] - From the CDC ***NEW***
 16. ACEs: Primary Prevention [87] - A Brief from ASTHO ***NEW***
 17. Resilient KC Evaluation: Thriving Through Adversity [88] - From 2017, Kansas City region study on the frequency of response to ACEs and resiliency of Kansas City region adults as well as organizational attitudes towards trauma-informed practices and how organizations work together to achieve collective goals for the population. ***NEW***
 18. Scoping Review Of School-Based Efforts to Support Students Who Have Experienced Trauma [89] - 2020 Publication ***NEW***

Access to Care

Literature & Resources:

1. Breaking the Barriers to Specialty Care [90]: A full series that highlights the urgent need for the health care sector to make progress towards achieving equity in outcomes from

diseases that require specialty care and to identify effective solutions for the payers, providers, policy makers, patient organizations, and community actors who will be critical to creating change. Researched and written by FSG with the support and partnership of the Bristol-Myers Squibb Foundation.

2. Medi-Cal's Non-Medical Transportation Benefit Under New State Law ^[91]- Information from MCH Access for all counties in California
3. Whole-Family Wellness for Early Childhood: A New Model for Medi-Cal Delivery and Financing ^[92] - A concept paper from the California Children's Trust and First 5 Center for Children's Policy ***NEW***
4. CSSP-Medicaid Fostering Social and Emotional Health through Pediatric Primary Care: A Blueprint for Leveraging Medicaid and CHIP to Finance Change ^[93] - From the Center for the Study of Social Policy ***NEW***
5. Achieving Health Equity: A Guide for Health Care Organizations ^[94] - White Paper from Institute for Healthcare Improvement ***NEW***
6. Integrating Social Care into the Delivery of Health Care: Moving Upstream to Improve the Nation's Health ^[95] - From the National Academies Press ***NEW***

Asthma

Problem Analysis

Asthma ^[96] (word)

Other Resources

Asthma Action Plan for Schools and Families ^[97] (pdf)

Guidelines for the Management of Asthma in California Schools ^[98] (pdf)

Statewide Asthma Organizations and Resources ^[99] (pdf)

California Asthma Public Health Initiative ^[100]

Potentially Effective Interventions for Asthma ^[101]

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Breastfeeding



FHOP Webinar

Strategies to Increase Breastfeeding in your County ^[102]

Webinar topics:

» Problem Analysis of Breastfeeding

Presentation slides ^[103] (pdf)

Breastfeeding Problem Analysis Diagram from presentation ^[104] (word)

» Framing the Issue

Presentation slides ^[105] (pdf)

Berkeley Media Studies Group, reports on breastfeeding ^[106]

» Baby Cues

Human Lactation Center ^[107]

UCDavis Secrets of Baby Behavior ^[108]

» Work Place Policies

Presentation slides ^[109] (pdf)

Breastfeeding Task Force of Greater Los Angeles ^[110]

Memo: Breastfeeding Policy - Temporarily Unavailable

» Hospital Policies

Links to online resources ^[111] (pdf)

» Resources on breastfeeding available from the California Department of Public Health

1. Breastfeeding and Healthy Living ^[112] - News, hot topics, and updates, including policy updates.
2. **Breastfeeding Friendly Clinics Program^[113] - CDPH guidelines for community health centers and outpatient care settings.**
3. Resources to assist in promoting, protecting and supporting breastfeeding ^[114] **(pdf)**
4. In-Hospital Breastfeeding Initiation Data ^[115] - California in-hospital infant feeding practices monitored using data collected by the Newborn Screening (NBS) Program ^[116].
5. Letter to Hospitals Announcing the Release of 2015 In-hospital Breastfeeding Data ^[117] - CDPH
6. MotherToBaby ^[118] - a service of the non-profit Organization of Teratology Information Specialists, is dedicated to providing evidence-based information to mothers, health care professionals, and the general public about medications and other exposures during pregnancy and while breastfeeding. Talk directly to the experts behind the most up-to-date research! This also include LIVE CHAT in English and Spanish.
7. Supporting Breastfeeding Families A Toolkit for Child Care Providers ^[119] - The toolkits provide information on the importance of breastfeeding, how to store and handle pumped breastmilk and how to feed breastfed infants, a sample 10 Steps policy to breastfeeding-friendly and various county resources.
 - o The toolkit is also available in Spanish ^[120].
8. Individualized Care in the Baby-Friendly Hospital Initiative ^[121] - updated March 2017

Presenter contact information ^[122] (pdf)

» Sample Problem Analysis Diagram

Exclusive Breastfeeding ^[123](pdf)

Exclusive Breastfeeding, version 2 ^[124] (pdf)

» **Sample Logic Model**

Community Plan to Promote Breastfeeding ^[125] (pdf)

Provider Education Program to Promote Breastfeeding ^[126] (pdf)

CDPH Birth and Beyond California Project ^[127] (pdf)

Colorado Breastfeeding Logic Model for Community-Based Change ^[128] (pdf)

» **Other Resources**

California ^[129]

Federal ^[130]

» **Data**

California Breastfeeding Statistics ^[131]

In-Hospital Initiation Data

Hospital Level Data Tables

California Maternity Practices in Infant Nutrition and Care (mPINC) Survey Data

Breastfeeding Report Card - United States, 2010 ^[132]

Breastfeeding Among U.S. Children Born 1999-2007, CDC National Immunization Survey ^[133]

» **Literature Review**

Benefits of Breastfeeding -Temporarily Unavailable

» **Research**

Do Infants Fed From Bottles Lack Self-regulation of Milk Intake Compared With Directly Breastfed Infants? ^[134] (pdf)

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» **Interventions**

1. The CDC Guide To Breastfeeding Interventions ^[136]

The CDC Guide To Breastfeeding Interventions provides state and local community members information to choose the breastfeeding intervention strategy that best meets their needs.

Support for breastfeeding is needed in many different arenas, including worksites, medical systems, and family settings. The Guide builds upon the research evidence demonstrating effective interventions as well as the expertise of the nation's leading scientists and experts in breastfeeding management and interventions. You can download the entire guide [PDF-1Mb], or select individual chapters

? Maternity Care Practices

? Support for Breastfeeding in the Workplace

? Peer Support

? Educating Mothers

? Professional Support

? Media and Social Marketing

? Countermarketing and the WHO International Code

? Professional Education

? Public Acceptance

? Hotlines and Other Information Resources

2. *Loving Support Makes Breastfeeding Work* ^[137] The goals of the campaign are to:

encourage WIC participants to initiate and continue breastfeeding; increase referrals to WIC for breastfeeding support; increase general public acceptance and support of breastfeeding;

and provide technical assistance to WIC State and local agency professionals in the promotion of breastfeeding. [CBOs, family support and parent education, and clinical settings]

3. *CDPH Breastfeeding Information* ^[138]

4. *CDC Breastfeeding Promotion and Support* ^[139]

5. *Increasing Exclusive Breastfeeding rates in California Hospitals* ^[140] Designed for all hospitals and birthing centers in California to guide them in increasing their exclusive breastfeeding rates. [CBOs, family support and parent education, and clinical settings]

6. *Fathers Supporting Breastfeeding* ^[141] A project targeted to African American fathers so that they may positively impact a mother's decision to breastfeed. The project is part of a continual effort to increase breastfeeding initiation and duration rates among African American women by involving fathers in breastfeeding promotion efforts. [clinical settings providing routine care to women and men of childbearing age]

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Child Health

» Interventions/Resources (+ Developmental Screening)

1. California Health Care Provider Developmental Screening Toolkit ^[142] - This online toolkit was created to equip healthcare providers with the best practices in the screening and referral process. Developed by WestEd in partnership with Help Me Grow California and the California State Screening Collaborative, this simple guide is grounded in the latest evidence-based research.
2. Birth to 5: Watch Me Thrive ^[143]! - A coordinated federal effort to encourage healthy child development, universal developmental and behavioral screening for children, and support for the families and providers who care for them.
 - Includes the Developmental Screening Passport ^[144]
3. Easterseals Screening Tool for Parents ^[145]: Easterseals offers a free, comprehensive and confidential online screening tool to help guide and keep track of your child's growth and development during these first five years. *
 - *??*This is also available in Spanish [HERE](#) ^[146]
4. AAP/Bright Futures Periodicity Schedule ^[147] - Recommendations for preventative pediatric health care, AND UPDATED Periodicity schedule ^[148]
5. CHDP Health Periodicity Schedule for Health Assessment Requirements ^[149]
 - *??*Note: CHDP is going to adapt the Bright Futures Periodicity schedule per their [website](#) ^[150] announcement so this document may no longer be available in the future.
6. Project LAUNCH Screening & Assessment ^[151] - Key features include: Use of valid screening tools and protocols, Parent education regarding the importance of screening and screening results, Referral to appropriate services, follow-up, and ongoing care coordination, Training for providers on screening and assessment using valid tools, Systemic efforts to implement universal screening
7. Birth to 5: Watch Me Thrive! A Compendium of Screening Measures for Young Children ^[152] - U.S. Dept. of Health & Human Services
8. Developmental and Behavioral Screening Guide for Early Care and Education Providers ^[153] - California Statewide Screening Collaborative
9. Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) ^[154]
 - EPSDT Coverage Guide ^[155] - Guide for States: Coverage in the Medicaid Benefit for Children & Adolescents
10. Engaging Parents, Developing Leaders: A Self-Assessment and Planning Tool for Nonprofits and Schools

[156] - Parents have the greatest stake in their children's well-being and are invaluable partners for organizations striving to improve the lives of kids and families, from the Annie E. Casey Foundation.

11. CDC Developmental Milestones Checklist [157]
12. Birth to 5: Watch Me Thrive! [158]- CMS Efforts to Ensure Children Receive Developmental Behavioral Screening. The U.S. Departments of Health and Human Services and Education launched Birth to 5: Watch Me Thrive! to highlight the importance of universal developmental and behavioral screening of young children. Screening at recommended intervals during early childhood is essential to identify possible delays in growth and development, when steps to address any deficits can be most effective.
13. A Developmental Screening Infographic [159]- From Children Now
14. Well-Visit Planner [160] - From the Child and Adolescent Health Measurement Initiative (CAHMI)
15. How to Develop a Statewide System to Link Families with Community Resources: A Manual for Replication of the Help Me Grow System [161] - From the Commonwealth Fund
16. Promoting Child Development [162] - From Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents
17. Development, Socio-Emotional/Behavioral Surveillance, Screening, and Anticipatory Guidance [163] - California Department of Health Care Services, Systems of Care Division, Child Health and Disability Prevention Program, Health Assessment Guidelines (March 2016)
18. The First 1,000: Days Nourishing America's Future (Report) [164] - The 1,000 days between a woman's pregnancy and her child's 2nd birthday offer a unique window of opportunity to build healthier and more prosperous futures. The right nutrition during these first 1,000 days can have a profound impact on a child's ability to grow, learn and thrive—and a lasting effect on a nation's health and prosperity
19. Lucile Packard Foundation for Children's Health Community Engagement Page [165] - Includes many tools developed by California counties that are 5Cs Member Coalitions
20. Talking with your doctor about your child's development [166] - A free, PHFE online education course, developed for their Southern California WIC (Women, Infants, and Children) partnership. The course is offered in both English and Spanish and can be accessed via smartphone. Note: if the link does not take you to the lesson automatically, enter as a guest and select the education course from the list.
21. 2017 Kids Count Data Book [167] - State Trends in Child Well-Being from the Anne E. Casey Foundation
22. Building Core Capabilities for Life: The Science Behind the Skills Adults Need to Succeed in Parenting and in the Workplace [168] - Center on the Developing Child at Harvard University
23. Zero to Three [169]: handouts for parents AND providers on how to support the social and emotional growth of children birth to three
24. **"Welcome to Early Start" Brochure for Families** [170]: The WarmLine Family Resource Center has developed a useful introductory guide for parents who are new to Early Start.
25. Early Start Neighborhood [171]: This environment provides a virtual community for Early Start professionals and partners seeking training, technical assistance and resources on early intervention Part C requirements, implementation, and evidence-based practices.
26. Milestone Tracker Mobile App [172] - Developed by the CDC, photos and videos in this app illustrate each milestone in a child's development.
27. AAP Comprehensive QI Toolkit on Developmental Surveillance, Screening, and Referral

- This toolkit includes how to Implement a MOC Part 4 QI Project on Developmental Surveillance, Screening, and Referral
- 28. Early Childhood Developmental Screening and Title V Building better systems Issue Brief - [174] from AMCHP
- 29. Resources specific to the quality improvement of developmental screening from *Don't just wait and see - Improving developmental screening and follow-up*, a developmental screening quality improvement (QI) project initiated by the American Academy of Pediatrics (AAP)
 - Comprehensive QI Toolkit [175]
 - Don't Just Wait and See Change Package: To Assist with Quality Improvement Process [176]: Includes tools to assist with the quality improvement project. They also developed pre- and post- QI surveys for providers
 - Pre-Work/Orientation Webinar Slides [177]
 - Plan-Do-Study-Act Directions & Examples and Worksheets [178]
 - Pre- Implementation Survey [179]
 - Post- Implementation Survey [180]
 - Improving Developmental Screening and Follow-Up Record Review Tool [181]
 - Improving Developmental Screening Documentation and Referral Completion [182]
 - Recruitment letter and project overview [183]
 - Screening Time - for Child Development, the Social Determinants of Health, and Maternal Depression [184]: which includes video-based training modules, conversation simulations, a screening tool selector, and a resource center - to help you learn more about the screening process for not just developmental concerns, but also maternal depression, and the social determinants of health. Useful for doctors, nurses, front office staff, care coordinators, and others involved in the process, this resource is designed to help you gain a better understanding of the importance of family-centered screening and how you can work together to implement a comprehensive, effective process.
 - Screening Technical Assistance & Resource (STAR) Center [185]: The center offers information and resources, including screening recommendations, practice tools, and individualized assistance, to help pediatric health care providers implement effective screening, referral, and follow-up for developmental milestones, maternal depression, and social determinants of health.
 - STAR Center, the Screen Scene: Episode 1 - Screening & Surveillance Slides (Sept 2017) [186]
- 30. Eligibility Criteria for California Part C Early Intervention Services for Infants from Birth to 36 Months [187]- From California Early Start
- 31. Auditors report - Millions of Medi-Cal children are not receiving preventive services [188] - From March of 2019
- 32. Understanding Your Child's Behavior: Reading your Child's Cues [189] - From the Center on the Social and Emotional Foundations for Early Learning
- 33. Bright Futures Toolkit (user guide [190]) - second edition, from the AAP
- 34. Developmental Surveillance and Screening Practices Survey [191] - From this article: Developmental Surveillance and Screening Practices by Pediatric Primary Care Providers [192], published by Rutgers University
- 35. Physical Developmental Delays: What to Look For Too?!???? [193] - From American Academy of Pediatrics (AAP)
- 36. HealthyChildren.org [194]- A parenting website backed by 67?,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-

being for all infants, children, adolescents, and young adults.

37. Paving the Road to Good Health - Strategies for Increasing Medicaid Adolescent Well-Care Visits ^[37]
38. Promoting the Well Visit to Parents ^[38] - From the National Adolescent and Young Adult Health Information Center, there are materials for promoting the well child visit among parents of adolescents and young adults that can be downloaded from this website.
39. The Well Child Visit: Why Go and What to Expect ^[195] - From the American Academy of Pediatrics (AAP) and Bright Futures
40. Survey of Wellbeing of Young Children (SWYC) ^[196] - Developed by Tufts medical center, The SWYC is a free comprehensive screening tool that assesses child development, behavior, and family risk. One double-sided form containing multiple choice questions written at a 6th grade level takes only about ten minutes to complete. Age-specific forms have been developed for each age in the pediatric periodicity schedule from 2-60 months. Surveys are available in 5 languages, and all questions are designed to be sensitive to cultural differences. In studies performed thus far, the accuracy of this tool appears to be comparable to longer screening instruments.
41. Healthy Start Performance Measure: Well Child Visit ^[197] - from the Healthy Start EPIC center, includes strategies to build capacity to promote the well child visit
42. Does My Child Have Physical Developmental Delays? ^[193] - From the AAP site healthychildren.org
43. Well Child Visit Change Package ^[198] - From Healthy Start EPIC
44. Concerned about development - how to talk with the doctor ^[199] - For parents, from the CDC
45. Developmental-behavioral surveillance and screening in primary care - P ^[200]ublished article in UpToDate
46. A systematic review of trials to improve child outcomes associated with ACES ^[81] - Publication from the American Journal of Preventive Medicine
47. Geography of Child Poverty in California ^[201] - Interactive data map from the Public Policy Institute of California
48. AAP Bright Futures - Promoting Mental Health ^[202] ***NEW***
49. Bright Futures 4th Edition ^[203] - Pocket guide from AAP ***NEW***
50. Opportunities for Medicaid to Transform Pediatric Care for Young Children to Promote Health, Development, and Health Equity ^[204] - From Medicaid ***NEW***
51. Bright Futures Periodicity Schedule - UPDATED March 2020 ^[205] - From AAP ***NEW***
52. Developmental Screenings Policy October 2019 ^[206] - From DHCS, effective January 1, 2020 ***NEW***
53. Early Identification and Intervention Issue Briefs ^[207] - from First 5 LA ***NEW***
54. Reading your Child's Cues ^[208] - From Birth to Age 2, from the Center on the Social and Emotional Foundations for Early Learning ***NEW***
55. Issue Brief: Why are workforce issues important to address as part of the screening process? ^[209] - From WestEd ***NEW***
56. Infographic: Why are workforce issues important to address as part of the (developmental) screening process? ^[210] - From WestEd ***NEW***
57. Issue Brief: Barriers to accessing infant, family, and early childhood health services and resources ^[211] - From WestEd ***NEW***
58. Infographic: Barriers to accessing infant, family, and early childhood mental health services and resources ^[212] - From WestEd ***NEW***
59. Issue Brief: Data and policy barriers for infant and early childhood screenings ^[213] - From WestEd ***NEW***
60. Infographic: Data and policy barriers for infant and early childhood screenings ^[214] - From

Logic Models for Child Health & Developmental Screening

- Healthy Start Early Childhood Screening Program Logic Model [215]
- Assuring Better Child Health and Development (ABCD) Logic Model [216]
- Douglas County, WI Logic Model on Child Development [217]
- Logic Models and Outcomes for Early Childhood Programs [218]- from Child Trends (2001)
- Logic Model: Child First Implementation [219]
- A Developmental Systems Model for Early Intervention [220]
- Community Logic Model in Child Development [221]
- Healthy Start Developmental Screening Model [222]
- Colorado Maternal and Child Health Program Developmental Screening and Referral State Logic Model [223]
- Analytic framework used to evaluate the effectiveness of programs for improving children's readiness to learn and preventing developmental delay [224] (within the document)

Child Abuse and Injury Prevention

1. *Parent-Child Interaction Therapy* [225] Lower rates of behavior problems; Decreased rates of reoccurrence of physical abuse; Increased parental satisfaction and sense of competence; Reduced rates of parent negative behavior [for 3-12 year olds in community-based mental health agencies.
2. *Family Thriving Program* [226] Promoting positive parenting skills and parent-child interaction; Preventing child abuse and neglect; Ensuring optimal prenatal care and child health and development; Increasing parents' self-sufficiency [early childhood (0-8 years of age) during home visits.
3. *SafeCare* [227] SafeCare® is a home visiting program for parents of children ages 0-5 years who are at risk for child maltreatment or have been reported to Child Protective Services (CPS) for child maltreatment. The program aims to reduce subsequent child maltreatment by educating parents on home safety and organization skills, child health and nutrition management, and parent-child interaction skills. SafeCare uses trained home visitors to educate parents on these components such that their skills are generalizable across settings, time, and behaviors (Lutzker and Bigelow, 2002). [early childhood (0-8 years of age) during home visits]
4. *Family Foundations* [228] The program is split into two parts: The prenatal part will give you an opportunity to learn about and practice tools and strategies before your baby arrives. The postnatal part will sharpen and extend your skills as you put them into practice. If you have already had your baby, a slightly adapted version of the program is available for new parents. [8 modules for early childhood (0-8 years of age) and parents in community-based service program or healthcare provider setting]
5. *Family Violence Prevention* [229] This toolkit's purpose is to help safety-net service providers integrate healthy marriage and relationship skills into existing service delivery systems as part of a comprehensive family-centered approach to promoting self-sufficiency. This toolkit aims to help agencies better understand the issues that low-income families face and consider how strengthening healthy relationships and promoting safety can complement existing programs and services.

6. *Futures without Violence* [230] Striving to reach new audiences and transform social norms, we train professionals such as doctors, nurses, judges, and athletic coaches on improving responses to violence and abuse. We also work with advocates, policy makers, and others to build sustainable community leadership and educate people everywhere about the importance of respect and healthy relationships.

Also see Adolescent Violence Prevention

Resources:

1. The 2016 Kids Count Databook - State Trends in Child Well Being [231] - From the Anne E. Casey Foundation

» Literature Review

Healthy Childcare Settings - Temporarily unavailable

Paid Family Leave in the United States Literature Review - Temporarily Unavailable

» Policy

Paid Family Leave NCCP Policy Brief [232]

Unfinished Business - Paid Family leave in CA and the future of US Work-Family Policy [233]

Memo: Healthy Childcare Setting Policy - Temporarily unavailable

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Children & Youth with Special Health Care Needs (CYSHCN)

» Resources

1. Lucile Packard Foundation for Children's Health, Program for Children with Special Health Care Needs [234] - The Foundation supports efforts that promote development of systems that deliver family-centered, high-quality health care and related services, funded through an efficient and comprehensive payment system. A better functioning system will improve health outcomes for children with special needs, enhance the quality of life of these children and their families, and allow public and private systems to be more responsive and equitable.
2. **Family Voices of California** [235] - Family Voices of California (FVCA) is a statewide collaborative of locally-based parent run centers working to ensure quality health care for children and youth with special health care needs.
 - Family Voices, Project Leadership [236] - A parent advocacy training whose overall goal is to increase the number of family members of children with special health care needs who are prepared and supported to become advocates for health care policy and service improvements.
3. Developmental Screening Toolkit [237] - Includes tips and tools on how to improve screening programs and inform families of developmental screening practices.
4. California Department of Public Health's page on CYSHCN [238] - Includes resources and activities to serve CYSHCN and their families or children enrolled in California Children's Services (CCS) in need of services not covered by CCS include developing systems of care, interagency collaboration, assisting local health jurisdictions (LHJs) to develop programs that identify and serve all CYSHCN, including non-CCS CYSHCN, case management, and outreach, screening and linking to appropriate services. All 61 LHJs are required to implement activities to serve CYSHCN and their families.

5. Bright Futures ^[239] - Bright Futures is a national health promotion and prevention initiative, led by the American Academy of Pediatrics and supported by the Maternal and Child Health Bureau, Health Resources and Services Administration. The *Bright Futures Guidelines* provide theory-based and evidence-driven guidance for all preventive care screenings and well-child visits. Bright Futures content can be incorporated into many public health programs such as home visiting, child care, school-based health clinics, and many others. Materials developed especially for families are also available. Most materials are free to view.
6. Care Coordination Conundrum ^[240] - This paper analyzes what Is Care Coordination? Who Should Receive It? Who Should Provide It? How Should It Be Financed?
7. Webcast: Designing Systems That Work for Children with Complex Health Care Needs ^[241] - Lucile Packard Foundation for Children's Health
8. AAP/Bright Futures Periodicity Schedule ^[147] - Recommendations for preventative pediatric health care
9. CHDP Health Periodicity Schedule for Health Assessment Requirements ^[149]
 - o *??Note: CHDP is going to adapt the Bright Futures Periodicity schedule per their website^[150] announcement so this document may no longer be available in the future.*
10. State-at-a-Glance Coverage and Financing Chart for CYSHCN ^[242] - from the Catalyst Center
11. Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) ^[243]
 - o EPSDT Coverage Guide ^[244] - Guide for States: Coverage in the Medicaid Benefit for Children & Adolescents
12. Help Me Grow California (Help Me Grow National Center Website) ^[245] - Here you can download the Help Me Grow (HMG) California Profile and explore the HMG system's national website.
13. State Public Health Autism Resource Center (SPHARC) 3 Ways Factsheet ^[246] - 3 ways SPHARC can help to improve your state's Autism Spectrum Disorder and/or Developmental Disabilities (ASD/DD) program.
14. Medicaid Managed Care Challenges and Opportunities for Pediatric Medical Home Implementation and Children and Youth with Special Health Care Needs ^[247] - The National Center for Medical Home Implementation, in collaboration with the National Academy for State Health Policy, created this fact sheet that discusses challenges and opportunities to provision of care for CYSHCN enrolled in Medicaid managed care. The fact sheet identifies states that leverage Medicaid managed care to advance the pediatric medical home model through payment incentives, technical assistance, and care coordination services (download fact sheet from this page).
15. Well-Visit Planner ^[160] - From the Child and Adolescent Health Measurement Initiative (CAHMI)
16. Got Transition/Center for Health Care Transition Improvement ^[248] - A cooperative agreement between the Maternal and Child Health Bureau and The National Alliance to Advance Adolescent Health. Our aim is to improve transition from pediatric to adult health care through the use of new and innovative strategies for health professionals and youth and families.
 - o Includes questionnaires for transitioning youth in both English ^[249] and Spanish ^[250]
17. Transition Infographic (English) ^[251] - From Alameda County Public Health Department, California Children's Services (CCS)
18. Transition Infographic (Spanish) ^[252] - From Alameda County Public Health Department, California Children's Services (CCS)
19. How to Develop a Statewide System to Link Families with Community Resources: A Manual for Replication of the Help Me Grow System

[253] - From the Commonwealth Fund

20. Lucile Packard Foundation for Children's Health Community Engagement Page [165] - Includes many tools developed by California counties that are 5Cs Member Coalitions
21. Transition Readiness Questionnaire [254] (English) or Spanish Transition Readiness Questionnaire [255] and Transition Readiness Questionnaire Scoring Template [256] (Excel Document)
22. Family Voices Immigration Toolkit [257] - a collection of documents designed to inform, empower, and assist families of children and youth with special health care needs
23. Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0 [258] - From AMCHP and Lucile Packard Foundation for Children's Health
24. Access to Mental Health Services for Children with Special Health Care Needs: analysis and recommendations - White paper [259] - From the National Health Law Program
25. Standards for Systems of Care for Children and Youth with Special Health Care Needs Version 2.0 [260] - From AMCHP
26. National Standards for Systems of Care, Partnership Assessment & Relationship Profile [261] - This Profile is designed to be completed by members of a single organization, e.g., state Medicaid, a single health plan, or the Title V program, to identify and assess collaborations with partner organizations. After all organizations complete the Profile, all stakeholders engaged in serving CYSHCN will share their answers with their state partners to strategically plan a course of action to address the system serving CYSHCN.
27. Durable Medical Equipment Survey and Story Collection Results [262] - For Department of Health Care Service's (DHCS) Redesign team
28. How California Children's Services Programs in the 21 Whole-Child Model Counties Engage with Families [263] - An Issue Brief from Lucile Packard Foundation for Children's Health
29. EPSDT & Children and Youth with Special Health Care Needs Infographic [264] - EPSDT = Early and Periodic Screening, Diagnostic and Treatment, created by Boston University School of Social Work
30. Advancing Patient and Family-Centered Care in Primary Care and other Ambulatory Settings [265] - From the Institute for Patient and Family-Centered Care
31. **Care Coordination: ??**
 - o Care Mapping for Professionals [266] - From Boston Children's Hospital
 - o Care Mapping for Families [267] - From Boston Children's Hospital
32. Family Engagement in Title V [268] - A report from the Association of Maternal & Child Health Programs (AMCHP)
33. Engaging Families in Improving the Health Care System for Children with Special Health Care Needs [269] - Fact sheet from Lucile Packard Foundation for Children's Health
34. Five Strategies for Engaging Family Partners [270] - From the National Institute for Children's Health Quality (NICHQ)
35. California Children's Services (CCS) Advisory Group Meeting PowerPoint-April-10-2019 [271] - Presented by Department of Health Care Services (DHCS)
36. A Framework for Assessing Family Engagement in Systems Change [272] - An Issue Brief from Lucile Packard Foundation for Children's Health
37. Achieving a Shared Plan of Care with Children and Youth with Special Health Care Needs [273] - A report from Lucile Packard Foundation for Children's Health
38. Home Health Care For Children With Medical Complexity: Workforce Gaps, Policy, And Future Directions [274] - Publication from a special issue of Health Affairs
39. Transition Toolkit [275] - Got Transition and the Association of Maternal and Child Health Programs (AMCHP) have created a toolkit that offers resources to help state Title V programs and public health professionals reach the goal of ensuring that adolescents

with or without special health care needs receive the services necessary to make the transition to adult health care.

40. 5 Steps to Prepare for Health Care Transition ^[276] - from Got Transition ***NEW***
41. Transitioning Newborns from NICU to Home ^[277] - a family information packet from AHRQ ***NEW***
42. Keeping Medicaid's Promise: Strengthening Access to Services for Children with Special Healthcare Needs ^[278] - Issue Brief from Robert Wood Johnson & Lucile Packard Foundation for Children's Health ***NEW***
43. Community Systems Building Grants for Children and Youth with Special Health Care Needs ^[279] - From AMCHP ***NEW***
44. Viewpoints from Families for improving transition from NICU-to-home for infants with medical complexity at a safety net hospital: a qualitative study ^[280] - Published in BCM Pediatrics ***NEW***
45. Increasing representation of families of CYSHCN on local advisory committees ^[281] - Families of children and youth with special health care needs have had significant real-world experiences that could help make health care policies and administration more family-centered and culturally competent. Since 2013, Family Voices of California has been conducting Project Leadership, a parent advocacy training whose overall goal is to increase the number of family members of children with special health care needs who are prepared and supported to become advocates for health care policy and service improvements. If you are looking for a family member of a CYSHCN to serve on a local advisory board, Family Voices may be able to help you find one. ***NEW***

Medical Home

1. Alameda Medical Home Project ^[282] - Resources for Children with Special Health Care Needs and their Families (from January 2016)
2. Medical Home Implementation ^[283] - From the AAP, a national **technical assistance center** focused on improving the health and well-being of, and strengthening the system of services for, children and youth with special health care needs and their families by enhancing the patient/family-centered medical home, other links include:
 - National Center for Medical Home Implementation (Resource for Families & Caregivers ^[284] - From the AAP. This page includes tools, resources, and links to information that will assist families in successfully partnering with their child's medical home.
 - Promising Practices for implementing Medical Homes ^[285]
3. Children's Regional Integrated Service System (CRISS) Medical Home Materials ^[286] - CRISS believes that all children with special health care needs should have a medical home so they developed materials for their member counties to assist CCS programs, families, and pediatric providers in ensuring that children in the CCS program have a medical home. A list of downloadable medical home materials is provided on this site.
4. Family Engagement Guide : The Role of Family Health Partners in Quality Improvement Within a Pediatric Medical Home ^[287] - From the National Institute for Children's Health Quality (NICHQ)
5. Medical Home Index ^[288] - From the Center for Medical Home Improvement
6. San Mateo County Medical Home Project ^[289] (2012) - Resources for Children with Special Health Care Needs and their Families

Logic Models

- Screening Academy Logic Model matrix-activities ^[290]- Designed by HMG consultants the Statewide (Developmental) Screening Collaborative. This model builds on the ABCD logic model and has a more operational approach.

Fathers and Partners/Spouses

» Interventions

1. *Parent's Fair Share* ^[291] The goals of the program included helping unemployed, noncustodial parents (primarily fathers) to secure employment, pay child support, and participate more fully and responsibly as parents. The PFS program was designed as an alternative to standard child support enforcement. The program offered services in four areas: employment and training, modified child-support enforcement, peer support, and voluntary mediation services with the custodial parent. [CBO and family support and parent education settings]

? **Also see** Perinatal Mood & Anxiety Disorders

Intimate Partner Violence

1. *Women Abuse Screening Tool (WAST)* ^[292] Screening tool for physical, sexual, and emotional abuse [women patients at family practices]

Also see Adolescent Health Interventions ? Violence Prevention

Also see Child Health Interventions ? Injury and Child Abuse Prevention

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Health Insurance

Resources:

1. Tips and strategies for billing for mental health services in primary care ^[293]

Problem Analysis

Access to Health Insurance ^[294] (word)

Resources: Successful Practices in Rural Outreach and Enrollment

ORHP Best Practices Guide in Rural Outreach and Enrollment ^[295]

Successful Health Insurance Outreach, Education, and Enrollment Strategies for Rural Hospitals ^[296]

Best Practices for Health Insurance Marketplace Outreach and Enrollment in Rural Areas ^[297]

The Affordable Care Act: What it means for Rural America ^[298]

» Sample Logic Models

Community Health Care, LaPlata County Logic Model ^[299] (pdf)

Immunization

Inadequate Immunizations ^[300] (word)

Infant Health



FHOP Webinar

- Public Health Topics, Issues, and Resources: Infant Health ^[301]
- ? Infant mortality in California, Dr. Maria Jocson, MCAH Division, CDPH
- ? Explaining infant mortality and disparities, Dr. Paul Wise, Stanford University School of Medicine

CDPH MCAH Program - Infant Health ^[302]

- ? Programs
- ? Health Information for the General Public
- ? Services
- ? Program Information
- ? For Health Professionals
- ? Data and Statistics
- ? Publications and Reports

Problem Analysis

- Infant Mortality Sample Diagram 1 ^[303] (word)
- Infant Mortality Sample Diagram 2 ^[304] (word)
- Infant Mortality Sample Diagram 3 ^[305] (word)

Fact Sheets

Infant Health: Why it matters and what California and [LOCAL] Maternal, Child, and Adolescent Health Programs are doing to prevent infant death and disease ^[306] (word)

Resources & Literature:

1. Healthy Babies: Efforts to Improve Birth Outcomes and Reduce High Risk Births ^[307] (pdf)
2. Psychological Pathways to Prematurity ^[308] (pdf)
3. ASTHO Healthy Babies Initiative ^[309]
4. Memo: Infant Formula Marketing Policy - Temporarily Unavailable
5. ASQ Developmental Screening Toolkit ^[310] - Links to 15 free checklists, charts, and more. Tips & tools for informing families and improving your screening program.
6. The Baby Friendly Hospital Initiative Guidelines and Evaluation Criteria ^[311] AND Baby Friendly Hospital Guidelines Summary Changes ^[312] from Baby-Friendly, USA
7. Infant Mortality ColIN Prevention Toolkit ^[313]
8. Transitioning Newborns from NICU to Home ^[277] - a family information packet from AHRQ ***NEW***
9. Safe Sleep in Child-Care Settings: Recommendations for reducing the risk of sudden infant death ^[314] - from NICHQ & the National Action Partnership to Promote Safe Sleep ***NEW***
 - o Safe Sleep infographic for Child-Care Settings ^[315] - ***NEW***
- 10.

References

Intervening to Improve Infant Health Outcomes ^[316] (pdf)
Prenatal Care and Health Outcomes

[317] (pdf)

» **Literature Review**

Baby-Friendly Hospital Literature Review [318] - From the Journal Of Midwifery & Women's Health

Infant Formula Marketing - Temporarily unavailable

WIC: Evidence for obesity prevention and healthy eating - Temporarily unavailable

» **Policy**

Memo: Policy Gaps Identified from WIC Literature Review - Temporarily unavailable

» **Sample Logic Models**

Logic Models on: 1) Preventing Infant Mortality Statewide (primary logic model), 2) Strengthening State Systems to Prevent Infant Mortality, 3) Increasing Safe Sleep to Reduce Infant Mortality, and 4) Increasing Access to Care to Prevent Infant Mortality [319] - From the Kansas Blue Ribbon Panel on Infant Mortality. All logic models are in one document and include a glossary and acronym list.

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» **Interventions**

Prematurity Prevention

1. *Prenatal Care* [320] Multiple resources helping moms have full-term pregnancies and healthy babies [women of childbearing age]

2. *Healthy Babies are Worth the Wait Manual (12-21-10)* [321]: A comprehensive March of Dimes initiative to encourage healthy, full-term births. Through education of women and health care providers, quality improvement activities with hospitals and awareness activities, Healthy Babies are Worth the Wait helps to reduce risks and prevent premature birth and early term birth. [women of childbearing age]

Sudden Infant Death Syndrome (SIDS) & Sudden Unexpected Infant Death (SUID)

1. *Safe to Sleep* [322] The Safe to Sleep® campaign offers a variety of materials to help share safe infant sleep messages with different audiences. [CBOs, family support and parent education, and clinical settings]. For more information, read about the Safe to Sleep® campaign [323].

2. *Kicks Count!* [324] Kick counting is a great way for you and your partner to bond with your baby. By performing a kick count at the same time every day during your last trimester, you can also help your doctor monitor your baby's health. [expectant mothers]

3. *What Works* [325] Changing knowledge and behavior to reduce Sudden Unexpected Infant Death (SUID) [public health and medical professionals and first responders]

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Infectious Diseases

Resources:

1. CDPH Zika Powerpoint Presentation [326]: a powerpoint presentation designed to be used within local agencies and external community partners to provide information on Zika

(from May MCAH Action Meeting 2016, please email FHOP for PPT version or download from the MCAH marketplace) (PDF)

2. Guidance for Surveillance and Response to Invasive Aedes Mosquitoes and Dengue, Chikungunya, and Zika in California [327]: This document was developed to guide local vector control agencies and health departments to prepare for, conduct surveillance of, and respond to the detection of invasive Aedes mosquitoes and locally acquired human cases of dengue, chikungunya, Zika, or other exotic mosquito-borne viral infections potentially transmitted by these mosquitoes. (prepared by CDPH)
 - Supplement to: [328] ?Guidance for Surveillance of and Response to Invasive Aedes Mosquitoes and Dengue, Chikungunya, and Zika in California? (prepared by CDPH)
3. STD Clinical Consultation Network [329] - The Clinical Consultation Service is intended for licensed healthcare professionals and STD program staff. We do not provide direct medical care, treatment planning, or medical treatment services to individuals.
4. Family Planning National Training Center: training tools for explaining contraception [330] - includes PDF versions for explaining contraception and birth control methods (in Spanish as well)

Injury

Problem Analysis

Motor Vehicle Crash Injuries in Children 0 - 4 years old [331] (word)

Injuries - All & Motor Vehicle Accidents; Ages 0 - 14 [332] (word)

Also see Child Health Interventions ? Injury and Child Abuse Prevention

Also see Adolescent Health Interventions ? Injury and Violence Prevention

Maternal Mental Health

»Resources:

1. Mind Body Pregnancy [333] - A website with expert guidance on mental wellness during pregnancy and postpartum. Developed by a Harvard-trained clinician with current joint appointments at OB/GYN & Reproductive Psychiatry at UCSF Medical Center.
2. U.S. Preventative Services Task Force Final Recommendation Statement, Depression in Adults: Screening [334] - Includes the recommendation that pregnant and postpartum women be screened (January 2016)
3. Moving Beyond Depression [335] - A comprehensive, evidence-based and integrated approach to identifying and treating depression in mothers participating in home visitation programs. Moving Beyond Depression™ is a systemic program of In-Home Cognitive Behavioral Therapy (IH-CBT) developed by researchers at Every Child Succeeds® and Cincinnati Children's Hospital Medical Center. It is the only evidence-based treatment program specifically for mothers in home visitation programs and it has a proven record of success. [336]
 - ??Also, Moving Beyond Depression in Home Visiting: Opportunities for States [337]
4. Maternal Depression-Making a Difference Through Community Action: A Planning Guide [338] (SAMHSA) - This Planning Guide offers community organizations and other stakeholder groups an easy-to-use, practical framework to create a well-thought-out plan of action that is customized to your community.
5. Maternal Mental Health Patient Safety Bundle [339] - From the Council on Patient Safety,

this includes readiness, recognition and prevention, response, and reporting/systems learning. For more information on, please visit the website for the Council on Patient Safety in Women's Health Care [340].

6. Mental Health Disorders Guideline - Best Practices [341] - A manual for healthcare clinicians that describes best practices for the care of women with depression, anxiety disorders, bipolar disorder, psychotic disorders. From the BC Reproductive Mental Health Program.
7. MedEd Postpartum Depression - Care Pathways Algorithm [342] - for medical professionals evaluating postpartum women to help determine if their patient has reached a positive or negative outcome since giving birth and decide if the patient should be referred for additional MH services or received antidepressants.
8. Centers for Medicare & Medicaid Services (CMCS) Information Bulletin - Maternal Depression Screening and Treatment [343]
9. AAP - Incorporating recognition and management of perinatal and postpartum depression into pediatric practice [344]
10. Tips and strategies for billing for mental health services in primary care [345]
11. Mental Health Services Act CA County Coordinators List [346] - Includes contact information for MHSA coordinators in each California county
12. MotherWoman [347] - Supports and empowers mothers to create personal and social change by building community safety nets, impacting family policy and promoting the leadership and resilience of mothers. Their services include: mothers' support groups, facilitator and professional training, and policy and advocacy.
13. MCPAP for Moms Adult Toolkit [348] - This is the MCPAP (Massachusetts Child Psychiatry Access Project) for Moms toolkit, created to assist front-line perinatal care providers in the prevention, identification and treatment of depression and other mental health concerns in pregnant and postpartum women.
14. MCPAP for Moms Pediatric Toolkit and Appendices [349] - a primer for pediatric providers
15. Maternal Depression Screening Medicaid and EPSDT Coverage [350] - From AAP
16. Consensus Statement on Maternal Mental Health [351] - Published in the Journal of Obstetric, Gynecologic, and Neonatal Nursing
17. Depression in Mothers: More Than the Blues, A Toolkit for Family Service Providers [352] - From DHCS/SAMHSA
18. Maternal Stress Issue Brief: Stress & Pregnancy [353]- March of Dimes
19. Perinatal Mental Health Integration Guide [354] - From Maternal Mental Health NOW, a report on a project to integrate maternal mental health into three medical clinics serving Los Angeles' most under-served communities.
20. Postpartum Depression: Signs and Resources for Help [355] - a resource guide and blog post from Georgetown University School of Nursing and Health Professions ***NEW***
21. Community A.C.T.I.O.N. for Maternal Mental Health [356] - A toolkit from 2020 Mom to mobilize local communities for improved maternal mental health ***NEW***
22. Postpartum Support International & 2020 Mom Resource Slides [357] ***NEW***
23. Maternal Depression: First steps families & advocates can take to help mothers and babies thrive [358] - published by the National Institute for Children's Health Quality ***NEW***
24. The Mothers & Babies Program [359] - From Northwestern, an evidence-based program that has been highlighted as one of the most effective interventions for the prevention of postpartum depression and has a proven record of success. It is guided by cognitive behavioral therapy and attachment theory, and is being scaled throughout the U.S. and internationally. ***NEW***
25. Perinatal Depression: Preventive Interventions [360] - From the U.S. Preventive Services Task Force ***NEW***

26. Mobile Phone Apps for NICU Parents ^[361] - From Support 4 NICU Parents ***NEW***
27. My NICU Baby App - From March of Dimes ^[362] ***NEW***
28. Postpartum Support International ? help for moms ^[363] ***NEW***
29. Evidence-Based Prevention ^[364] - From the Suicide Prevention Resource Center ***NEW***

»Literature & Research:

1. ACOG Committee Opinion: Screening for Perinatal Depression ^[365]
2. Adolescent Mental Health Data ^[366] (pdf)
3. Postpartum Depression & Anxiety - Canadian Women?s Health ^[367] (pdf)
4. Life Course Approach ^[368] (pdf)
5. Identifying and Treating Maternal Depression - NIHCM Foundation Issue Brief ^[369] (pdf)
6. Onset Timing, Thoughts of Self Harm, and Diagnosis in Postpartum Women With Screen-Positive Findings ^[370] (pdf)
7. New Jersey's Efforts to Improve Postpartum Depression Care ^[371] (pdf) - A study done to determine how New Jersey's legislation to enforce screening for postpartum depression effected the population of women receiving medicaid
8. Repeated Depression Screening Postpartum ^[372] (pdf) - Repeated postpartum depression (PPD) screening at 6 and 12 months? postpartum increases the percentage of women identified as being at high risk of PPD
9. Mothers' Mental Health Toolkit -- A resource for the community ^[373], From the Reproductive Mental Health Service in Canada (pdf)
10. Primary Care Screening for and Treatment of Depression in Pregnant and Postpartum Women: Evidence Report and Systematic Review for the US Preventive Services Task Force ^[374]
11. The Social Determinants of Mental Health ^[375] - From the World Health Organization (WHO) and the Calouste Gulbenkian Foundation?s Global Mental Health Platform. Researchers examined both the social determinants of common mental disorders and illnesses and also the steps that can be taken to prevent mental health disorders and improve mental health population-wide. Among the important areas that influence the risk of mental disorders and provide opportunities to intervene and reduce that risk, the paper covers the life-course; parents, families, and households; community, local services, and county level factors. Also see the **Social Determinants of Health** section
12. Identifying maternal depression in pediatric primary care - changes over a decade ^[376] (pdf)
13. Addressing Maternal Mental Health in the Pediatric Medical Home ^[377] - from researchers at UConn Health
14. African American and Latina mothers provide recommendations mental health ^[378] - from the School of Social Work, University at Buffalo, State University of New York. MMH interventions for African American and Latina populations.
15. Perinatal Depression Screening and Intervention: Enhancing health provider involvement ^[379]
16. Family Ruptures, Stress, and the Mental Health of the Next Generation ^[380] - This paper studies how in utero exposure to maternal stress from family ruptures affects later mental health.
17. The Identification of Postpartum Depression ^[381] - from the National Institutes of Health, published in 2009
18. Pregnant women with PTSD and risk of Preterm Birth ^[382] - Pubilshed in JAMA in 2014
19. The Effects of maternal depression, anxiety, and perceived stress during pregnancy on preterm birth: a systematic review ^[383] - 2015 Australian College of Midwives, Published

by Elsevier Australia

»Literature Reviews:

- a. Interventions to Improve Student Mental Health [384] (pdf)
- b. Interventions to Prevent Suicide [385] (pdf)
- c. Interventions to Reduce Mental Health Stigma & Discrimination [386] (pdf)

» Sample Logic Models

- Pregnancy-Related Depression - Colorado Maternal & Child Health State Logic Model [387] (pdf)
- Community-Based Maternal & Child Health Logic Model [388] (pdf)
- Maternal Stress and Mental Health Logic Model [389] (pdf)
- ACOG Postpartum Visit Algorithm: Postpartum Depression [390] (pdf)

Oral Health

Problem Analysis

Oral Health [391] (word)

Resources

1. MCAH Oral Health Program [392]
2. National MCH Oral Health Resource Center [393]
3. California Children's Dental Disease Prevention Program [394]
4. Dental Public Health Update 2006 [395] (pdf)
5. Denti-Cal Quick Guide to Full Restoration of Adult Dental Services in 2018 [396]

» Interventions

1. How to Brush Illustration [397] (pdf)
2. Oral Health by the Numbers [398] (pdf)
3. Oral Health & Pregnancy Guidelines [399] (pdf)
4. Improve Care & Reduce Costs Issue Brief [400] (pdf)

» Sample Logic Models

- Comprehensive Oral Health State Plan Logic Model [401](pdf)
- Perinatal Oral Health Logic Model [402] (pdf)
- Dental Sealant Logic Model [403] (pdf)

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Overweight and Obesity

Problem Analysis

- Obesity [404] (word)
- Childhood Overweight [405] (word)
- Overweight/Obesity [406] (word)

Resources

1. California Sources of Weight-Related Surveillance Data [407] (pdf)
2. California Obesity Prevention Initiative [408]
3. School Health Index (SHI) [409]
4. Local Government Actions to Prevent Childhood Obesity [410] (pdf)
5. Innovations in Childhood Obesity Resource Center [411]- The resource center provides practical tools and strategies to spur Medicaid-public health collaboration to reduce childhood obesity among low-income populations, from the Center for Health Care Strategies (CHCS)

» Interventions

1. Obesity Prevention ? Community Strategies & Measures [412] (pdf)
2. School-Based Physical Education [413] (pdf)
3. Increase Physical Activity in Physical Education Classes [414] (pdf)
4. Social Support for Physical Activity [415] (pdf)
5. Let?s Move: Faith & Communities Toolkit [416] (pdf)
6. Food Access, Soda, and Fast Food [417] (pdf)
7. Soda Consumption Link to Obesity in California
 - o Policy Brief [418] (pdf)
 - o Rates of Obesity by County [419] (pdf)
 - o County Comparison [420] (pdf)
 - o City & Age Comparison [421] (pdf)
 - o Recommendations [422] (pdf)
 - o Fact Sheet [423] (pdf)
8. The Harvard Prevention Research Center: Three inexpensive interventions that could reduce healthcare costs related to obesity. [424]
9. Nutrition Education and the Role of Dosage [425] (pdf) - Finding the optimal balance is at the core of the dosage question ? how much nutrition education is enough for people to change dietary patterns? The purpose of this paper is to examine pertinent research for a credible answer or answers.
10. Population-Level Intervention Strategies and Examples for Obesity Prevention in Children [426] - A review to provide a summary of population-level intervention strategies and specific intervention examples that illustrate ways to help prevent and control obesity in children through improving nutrition and physical activity behaviors. Information is summarized within the settings where children live, learn, and play (early care and education, school, community, health care, home).
11. The Parks, Trails, and Health Workbook: A Tool for Planners, Parks and Recreational Professionals, and Health Practitioners [427] - From the National Parks Service, is a quick guide for incorporating public health considerations in the development and improvement of a park or trail.
12. The CDC's Healthy Community Design Initiative [428]

Research

1. Association of Gestational Weight Gain With Maternal and Infant Outcomes; A Systematic Review and Meta-analysis [429]- Published in the The Journal of the American Medical Association in 2017

Children & Adolescents

1. *School Health Index (SHI)* [430] An online self-assessment and planning tool that schools can use to improve their health and safety policies and programs. [K-12th grades]
2. *SPARK* [431] Enjoy and seek out physical activity. Develop and maintain acceptable levels of physical fitness. Develop a variety of basic movement and manipulative skills so they will experience success and feel comfortable during present and future physical activity pursuits. Develop the ability to get along with others in movement environments. [K-12th grades]
3. *California Obesity Prevention Initiative* [432] Resources for obesity prevention and control
4. *SPORT Prevention Plus Wellness* [433] Aims to integrate physical activity and other health-enhancing habits with substance abuse prevention topics in order to appeal to adolescents by linking alcohol avoidance with attractive images of active and healthy adolescents. [individual and group sessions for elementary- and middle-school youth]
5. *Obesity Prevention and Control: Interventions in Community Settings* [434] Resources for obesity prevention and control

Women

1. *Be Active Your Way: A Guide for Adults* [435] Read how you can fit physical activity into your life-your way. Decide the number of days, types of activities, and times that fit your schedule.
2. *Health Weight ? It?s not a Diet, It?s a Lifestyle!* [436] The key to achieving and maintaining a healthy weight isn't about short-term dietary changes. It's about a lifestyle that includes healthy eating, regular physical activity, and balancing the number of calories you consume with the number of calories your body uses.

» Sample Logic Models

CA MCAH Nutrition and Physical Activity Logic Model [437] (pdf)

CA [437]M [438]CAH Built Environment Logic Model [437](pdf)

Nebraska Walk to School Day Logic Model [439] (pdf)

Latino Diabetes and Cardiovascular Disease Reduction Logic Model [440] (pdf)

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Perinatal Mood and Anxiety Disorders

Other Resources

Perinatal Mood and Anxiety Disorders [441] (pdf)

» Interventions

1. Bringing Baby Home [442] A psychoeducational intervention for couples who are expecting a baby or recently had a baby, is designed to prevent or minimize postpartum difficulties for wives and husbands, promote positive couple relationships during the transition to parenthood, increase positive parenting, and improve family functioning. [adults 26-55 years of age in outpatient and CBO settings]
2. Perinatal Mood and Anxiety Disorders: A Public Health Approach [443]- From the Vermont Department of Public Health
3. Depression During and After Pregnancy [444] - A resource for women, their families, and

friends from HRSA

4. National Perinatal Depression Initiative Beyond Blue Final Report ^[445] - The Australian National action plan to tackle perinatal depression. The five-year initiative represents a national approach to promotion, prevention, early intervention and treatment through the implementation of routine screening and services for those women at risk of, or experiencing perinatal mental health disorders.
5. Depression in Mothers: More Than the Blues, A Toolkit for Family Service Providers ^[446] - From DHCS/SAMHSA
6. The identification of Postpartum Depression ^[447] - from the National Institutes of Health, published in 2009
7. Pregnant women with PTSD and risk of Preterm Birth ^[382] - Published in JAMA in 2014
8. The Effects of maternal depression, anxiety, and perceived stress during pregnancy on preterm birth: a systematic review ^[383] - 2015 Australian College of Midwives, Published by Elsevier Australia
9. Perinatal Mental Health Integration Guide ^[448] - From Maternal Mental Health NOW, a report on a project to integrate maternal mental health into three medical clinics serving Los Angeles' most underserved communities.
10. Perinatal Depression: Preventive Interventions ^[360] - From the U.S. Preventive Services Task Force ***NEW***
11. Mobile Phone Apps for NICU Parents ^[361] - From Support 4 NICU Parents ***NEW***
12. My NICU Baby App ^[362] - From March of Dimes ***NEW***
13. Postpartum Support International ? help for moms ^[363] ***NEW***
14. Medi-Cal Update: Counseling to Prevent Perinatal Depression is Now Reimbursable ^[449] - Medi-Cal bulletin from July 2019 ***NEW***

Also see Maternal Mental Health and Child Health Intervention ? Child Abuse Prevention

Perinatal Substance Use

Resources:

1. DHCS All Plan Letter Regarding Medi-Cal Managed Care Plans obligations to provider perinatal substance abuse screening ^[450] (pdf) (2014)
2. CDC Vital Signs Fact Sheet on Female Binge Drinking ^[451](pdf)
3. The Prevention of Substance-Exposed Pregnancies Collaborative (PESP) ^[452] Final Report (2013) (pdf)
4. ACOG Committee Opinion on Marijuana Use During Pregnancy and Lactation ^[453] (July 2015)
5. *NineZero* ^[454] Fetal Alcohol Spectrum Disorders (FASD) Prevention Resources [teachers, students, CBOs, local government agencies, and advocates]
6. *Fetal Alcohol Spectrum Disorders (FASDs) Fact Sheets and Educational Materials* ^[455] Brochures, posters, fact sheets, and other educational materials free to order and/or download in English and some in Spanish [CBOs, family support and parent education, and clinical settings]
7. *Women and Alcohol* ^[456] Smartphone app to identify women who drink at risk levels and briefly intervene [clinical setting]
8. *Women & At-Risk Alcohol Use: Screening & Intervention* ^[457] Screening and intervention tool (pocket card) [CBOs, family support and parent education, and clinical settings]
9. *The Prevention of Substance-Exposed Pregnancies Collaborative (PSEPC) Report* ^[458] [teachers, students, CBOs, local government agencies, advocates, and family support

and parent education, and clinical settings]

10. *Confidential Women's Health Questionnaire: Perinatal Substance Use* [459]
11. *American Academy of Pediatrics (AAP) Prenatal Substance Abuse Short- and Long-Term Effects on the Exposed Fetus* [460] [460](2013)
12. *Guidelines for Breastfeeding and Substance Use or Substance Abuse* [461] (2015)
13. Two Decades of Investment in Substance-Use Prevention and Treatment [462] - From the Robert Wood Johnson Foundation (RWJF)
14. E-Cigarettes and Pregnancy [463] - A free, online interactive presentation on electronic nicotine delivery systems and their potential health effects during and after pregnancy, and discusses effective tobacco cessation treatments.
15. State of California Strategies to Address Prescription Drug (Opioid) Misuse, Abuse, and Overdose Epidemic in California [464] - From the California Department of Public Health
16. ACOG Marijuana Guidance [465] - Marijuana use during pregnancy and lactation
17. Safety Action Series: Effective Screening Methods During Pregnancy for Opioid Use Disorder and its Co-Morbidities [466] - presentation slides, Council on Patient Safety in Women's Health Care
18. 5Ps Screening Tool [467] - From the Institute for Health and Recovery, it was designed to be a quick, easy, non-threatening, and effective tool for use in busy, resource-challenged prenatal care offices. ***NEW***
 - 5Ps-Screening-Tool-and-Follow-Up-Questions [468] ***NEW***
19. Mother and Baby Substance Exposure Toolkit [469] - From Health Management Associates (HMA), California Perinatal Quality Care Collaborative (CPQCC), and California Maternal Quality Care Collaborative (CMQCC) ***NEW***
20. Comprehensive Public Health Framework to Address the Opioid Crisis [470] - From the Association of State and Territorial Health Officials (ASTHO) ***NEW***

Problem Analysis

Perinatal Substance Use [471] (word)

Literature

1. Screening for Substance Abuse During Pregnancy: Improving Care, Improving Health [472]
2. Fact Sheet: The History of Perinatal Substance Abuse Services in California [473]
3. The Permanente Journal: Vision, Research, Innovation and Influence: Early Start's 15-Year Journey from Pilot Project to Regional Program [474]
4. Infant Health Interventions ? Perinatal Substance Use
5. The Health Effects of Cannabis and Cannabinoids: The Current State of Evidence and Recommendations for Research [475] - From the National Academies Press
6. Substance use during pregnancy [476] (2016) - Yale School of Medicine, Dept of Psychiatry ***NEW***

» Sample Logic Model

Reduction of Binge Drinking (ages 18-24) in Santa Barbara Logic Model [477] (pdf)

Reducing Under Age Drinking in Buffalo County Logic Model [478] (pdf)

Prevention of ATOD (Alcohol, Tobacco and Other Drugs) 4-H Logic Model [479](pdf)

Maternal Substance Abuse Logic Model [480] (pdf)

Preconception Health & Prenatal Care

Resources:

1. The Contraceptive CHOICE project: Reducing Barriers to Long-Acting Reversible Contraception [481] (pdf)
2. Increasing Strategies to Increase Access To Long-Acting Reversible Contraception (LARC) in Medicaid [482] - from NICHQ
3. Maternal Stress Issue Brief: Stress & Pregnancy [483]- March of Dimes
4. The Contribution of Maternal Stress to Preterm Birth: Issues and Considerations [484] - National Institute of Health Public Access
5. My Birth Matters Website [485] - The California Health Care Foundation (CHCF), CMQCC and Consumer Reports have partnered on consumer education campaign My Birth Matters to educate low-risk, first-birth mothers about the overuse of c-sections. The campaign includes four animated videos
6. Air pollution and preterm birth: Do air pollution changes over time influence risk in consecutive pregnancies among low-risk women? [486] - Published article from the International Journal of Environmental Research and Public Health ***NEW***

Literature, Research, and ROI (Return on Investment):

1. Cost Effectiveness of a High-Risk Pregnancy Program [487]
2. Demonstrating a Positive Return on Investment for a Prenatal Program at a Managed Care Organization [488] - an economic analysis
3. A randomized trial of nurse specialist home care for women with high risk pregnancies - outcomes and costs [489]
4. Reduction in Neonatal Intensive Care Unit Admission Rates in Medicaid Managed Care Program [490]
5. The business case for promoting health pregnancy [491]
6. RIO Evidence Base: Studies on High-Risk Pregnancy [492] - from the Center for Health Care Strategies, Inc. (CHCS)
7. Focusing Attention on "Well-Woman": Improving the Whole Woman's Health [493] - Published in City Lights May 2017
8. Association of Gestational Weight Gain With Maternal and Infant Outcomes; A Systematic Review and Meta-analysis [494]- Published in the The Journal of the American Medical Association (JAMA) in 2017
9. Pregnant women with PTSD and risk of Preterm Birth [495] - Published in JAMA in 2014
10. The Effects of maternal depression, anxiety, and perceived stress during pregnancy on preterm birth: a systematic review [496] - 2015 Australian College of Midwives, Published by Elsevier Australia
11. Intervention strategies to improve nutrition and health behaviours before conception [497] - 2018, Barker, M. 3-part series published in the Lancet ***NEW***
12. Origins of lifetime health around the time of conception: causes and consequences [498]- 2018, Fleming, T. 3-part series published in the Lancet ***NEW***

Problem Analysis

Late Initiation of Prenatal Care [499] (word)

Inadequate Prenatal Care

» Interventions

1. *The National Preconception/Interconception Care Clinical Toolkit* [501] The goal of the toolkit is to help clinicians reach every woman who might someday become pregnant every time she presents for routine primary care with efficient, evidence-based strategies and resources to help her achieve: healthier short and long term personal health outcomes, increased likelihood that any pregnancies in her future are by choice rather than chance, and decreased likelihood of complications if she does become pregnant in the future. [clinical setting providing routine care to women of childbearing age]
 2. *Preconception Health - English* [502] and *Spanish* [503]. Office on Women's Health, US Department of Health and Human Services
 3. *ClubMom* (For more info contact: danacruz.santana@acgov.org [504]) A health education home for interconceptional African-American women at risk for adverse pregnancy outcomes. Provides ongoing neighborhood-level perinatal health education sessions that emphasize social support, self-care, cultural enrichment, and peer leadership. [CBOs and family support and parent education settings]
 4. *Preeclampsia Toolkit: Improving Health Care Response to Preeclampsia* [505] Best practices for early recognition, diagnosis, treatment and management of preeclampsia. [clinical setting providing routine care to women of childbearing age]
 5. *Reproductive Life Plan Tool* [506] [506] Every woman and man of reproductive age should receive information and counseling about all forms of contraception that are consistent with their reproductive life plan and risk of pregnancy. [health professionals]
 6. *Reproductive Life Plan Tool* [507] A tool to help women think through their future regarding pregnancy: don't want to have a baby; just had a baby, like to have a baby soon; like to have a baby someday; finished having babies; unsure of having a baby. [women of childbearing age]
 7. *Every Woman California* [508] An initiative working with individuals, health care providers and communities to improve the physical, emotional and social well-being of women of reproductive age to ensure the health of current and future generations. [CBO and clinical settings]
 8. *Preconception Fact Sheets (Spanish)* [509] Folic Acid, Alcohol, Mental Wellness, Food Safety and Healthy Eating, Health Community, Oral Health, Substance Use, STDs, Genetic Conditions, Smoking, Family Planning, Hazards, Medications, Healthy Weight and Physical Activity, Healthy Relationships, Financial Stability, and Vaccines [Spanish-speaking CBO and clinical settings]
 9. *Cada Mujer, Cada Dia (Español)* [510] An initiative working with individuals, health care providers and communities to improve the physical, emotional and social well-being of women of reproductive age to ensure the health of current and future generations [Spanish-speaking CBO and clinical settings]
 10. *Text4baby* [511] Your baby has you. You have text4baby. Get support throughout your pregnancy and your baby's first year with free text messages on topics like prenatal care, baby health, parenting, and more. [CBOs and family support and parent education settings]
 11. *Contraception Effectiveness - Teaching Tools* [512] (ppt)
- Also see** Infant Health Interventions ? Perinatal Substance Use

Social Determinants of Health

Resources & Literature:

1. Adverse Community Experiences and Resilience: A Framework for Addressing and Preventing Community Trauma ^[513] - From the Prevention Institute
2. A Practitioner's Guide for Advancing Health Equity ^[514] - From the CDC: community strategies for preventing chronic disease.
3. California Health Disadvantage Index (HDI) ^[515] - A composite index to identify cumulative health disadvantage in California developed by the Public Health Alliance.
4. Economic Conditions and Children's Mental Health ^[516] - An examination of the effects of unemployment rates and housing prices on child and adolescent mental health and use of special education services for emotional problems in the 2001-2013 National Health Interview Survey.
5. Avoiding the unintended consequences of screening for social determinants ^[517]
6. Novel Interventions in Children's Healthcare (NICH) ^[518] - Families enrolled in Oregon Health & Science University's Novel Interventions in Children's Healthcare (NICH) Program are dealing with a number of life challenges and psychosocial stressors that make it difficult to meet all the demands of their children's health while simultaneously meeting the demands of their day-to-day lives. As such, the NICH intervention is grounded in both developmental and systems theory. Attending to the "normal developmental demands" of youth with complex medical conditions is critical along with analyzing and understanding the impact of the various systems or contexts in which these youth live
 - NICH Vulnerability Risk Scale ^[519] - Includes the social vulnerability scale
7. Accounting for Social Risk Factors in Medicare Payment ^[520] - Committee on Accounting for Socioeconomic Status in Medicare Payment Programs
8. Methodological Review of Resilience Measurement Scales ^[521] - From Health and Quality of Life Outcomes
9. Bay Area Regional Help Desk Consortium ^[522] - A number of safety-net institutions in several Bay Area counties have recently undertaken efforts to improve patient care by implementing clinic-based social screening and assistance programs, several of which are designed to use volunteers or other workforce development recruits to staff a resource "Help Desk." The Bay Area Regional Help Desk Consortium aims to increase the efficiency and effectiveness of these individual projects by offering a regional approach to help desk implementation, which includes supporting implementation, increasing program capacity, and improving evaluation.
10. Trauma-Informed Care: Opportunities for High-Need, High-Cost Medicaid Populations ^[523] - from the Center for Health Care Strategies, Inc.
11. Issue Brief: Key Ingredients for Successful Trauma-Informed Care Implementation ^[524] - Center for Health Care Strategies
12. The Social Interventions Research & Evaluation Network (SIREN) Website ^[525] - a resource for health services researchers, clinicians, health system leaders, and others looking for evidence on what works to identify and address patients' social and economic needs as a part of high quality health care.
13. A Community Framework for Addressing Social Determinants of Oral Health for Low-Income Populations Brief ^[526] - From Center for Health Care Strategies, Inc. (CHCS)
14. Strategies for Encouraging Staff Wellness in Trauma-Informed Organizations ^[527] - Center for Health Care Strategies

15. Pregnant women with PTSD and risk of Preterm Birth ^[382] - Published in JAMA in 2014
16. PRAPARE: The Protocol for Responding to and Assessing Patients? Assets, Risks, and Experiences ^[528] - from National Association of Community Health Centers, Inc., is a national effort to help health centers and other providers collect the data needed to better understand and act on their patients? social determinants of health. Includes the PRAPARE Tool ^[529], which consists of a set of national core measures as well as a set of optional measures for community priorities.
17. Talking about race toolkit from the Center for Social Inclusion ^[530] - This toolkit is a collection of the key strategies that we have found are necessary in combating the race wedge and advancing racial equity. Effectively talking about race is an essential skill for advancing racial equity. We believe that this approach can help a variety of stakeholders to effectively talk about race and policy.
18. A Roadmap to reducing child poverty ^[531] - Published in the National Academies, from the Committee on Building an Agenda to Reduce the Number of Children in Poverty by Half in 10 Years ***NEW***
19. Achieving Rural Health Equity and Well-being ^[532] - Proceedings of a workshop, published in the National Academies, from the round table on the promotion of Health Equity and more ***NEW***

Substance Abuse & Behavioral Health

Resources:

1. California Behavioral Health Barometer, 2015 ^[533] - Report from SAMHSA, includes substance abuse, and mental health and treatment, generally and specifically for youth.
2. ACOG Marijuana Guidance ^[534] - Marijuana use during pregnancy and lactation
3. Selecting Best-fit Programs and Practices: Guidance for Substance Misuse Prevention Practitioners ^[535] - From the Substance Abuse and Mental Health Services Administration (SAMHSA) ***NEW***
4. Comprehensive Public Health Framework to Address the Opioid Crisis ^[470] - From the Association of State and Territorial Health Officials (ASTHO) ***NEW***
5. California Behavioral Health Barometer Volume5 ^[536] - from SAHMSA ***NEW***

Sudden Infant Death Syndrome

Resources

CDPH SIDS Program ^[537]

? News and Updates

? MCAH Policies and Procedures

? Resources

? Data and Statistics

? Program Information

? Reports

? FAQs

Continuing Education Program on SIDS Risk Reduction ^[538] - Curriculum for Nurses. Includes a two session curriculum with information, talking points with parents, and an information sheet handout to give to parents and caregivers, and a 10-question post-test survey and program evaluation.

? Session 1: What you need to know about Sudden Infant Death Syndrome.

? Session 2: How to communicate SIDS risk reduction techniques to parents and caregivers.

From the US Department of Health and Human Services and the National Institutes of Health (Accessed 10/8/12)

Resources, Awareness, and Education Evaluation Tools

1. Reducing the risk of SIDS - Post Test ^[539]
2. SIDS Training - Post Test ^[540]
3. The Role of the Health Care Provider in Reducing Infant Deaths ^[541]
4. Sudden Infant Death Syndrome - Post Test for Emergency Responders ^[542]
5. Infant Mortality CoIIN Prevention Toolkit ^[313]
6. SIDS and Other Sleep-Related Causes of Infant Death: Questions and Answers for Health Care Providers ^[543] - from the U.S. Department of Health and Human Services, the NIH, and the Eunice Kennedy Shriver National Institute of Child Health and Human Development
7. How Safe Sleep Savvy Are You? ^[544] - A Quiz from the National Institute for Children's Health Quality
8. Conversations can stop sleep-related infant deaths ^[545] - from the National Institute for Children's Health Quality

Also see Infant Health Interventions ? Sudden Infant Death Syndrome & Sudden Unexpected Infant Death

» Sample Logic Models

Increasing Safe Sleep to Reduce Infant Mortality in Kansas Logic Model ^[546] (pdf)

Community Baby Shower for Safe Sleep in Kansas Logic Model ^[547](pdf)

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Teen Pregnancy and Sexual Health

Resources

1. The Office of Adolescent Health ^[548] - U.S. Department of Health and Human Services
2. Know Your Rights: Sex Education ^[549] - It is important that sex education in schools is medically accurate and in compliance with California law. Materials on this page are from the Northern California ACLU and are meant for understanding the law and advocating for better sex education in local schools.
3. Comprehensive Sexual Health & HIV/AIDS Instruction ^[550] - Information on comprehensive sexual health education and HIV/AIDS/STD prevention; includes legal requirements for education in these areas and additional resources for quality instructional programs. From the California Department of Education.
4. Increasing Strategies to Increase Access To Long-Acting Reversible Contraception (LARC) ^[482] - from NICHQ
5. Teen Source ^[551] - A teen-friendly website that includes information on finding reproductive health clinics, birth control, STDs, relationships, and the legal rights of adolescents in regards to their sexual and reproductive health.

6. CA Healthy Youth Act Toolkit Portfolio ^[552]
7. STD Clinical Consultation Network ^[329] - The Clinical Consultation Service is intended for licensed healthcare professionals and STD program staff. We do not provide direct medical care, treatment planning, or medical treatment services to individuals.
8. Family Planning National Training Center: training tools for explaining contraception ^[330] - includes PDF versions for explaining contraception and birth control methods (in Spanish as well)
9. What Research Tells Us About Latino Parenting Practices and their Relationship to Youth Sexual Behavior ^[553] - Published in 2008 from the National Campaign to Prevent Teen and Unplanned Pregnancy

Problem Analysis

Adolescent Pregnancy ^[554] (word)

Unintended Teen Pregnancy ^[555] (word)

» Interventions

1. Risky Behaviors & STI/HIV and Pregnancy Prevention Programs ^[556] (pdf)
2. Sexual Practices & Successful STI/HIV Interventions - Latino Adolescents ^[557] (pdf)
3. Programs to Reduce Teen Pregnancy, STIs, & Associated Risk Behaviors ^[558] (pdf)
4. Safe Sext: Adolescent Use of Technology & Communication with Partners ^[559] (pdf)
5. Teen Pregnancy Prevention: Current Perspectives ^[560] (pdf)
6. Cultural Norms, Teen Pregnancy, & Sexual Behaviors ^[561] (pdf)
7. Literature Review
 - a. Sexual Health Behavior Interventions - Latino Adolescents ^[562] (pdf)
8. Effective Programs Database: Interventions With Evidence of Success ^[563]

The link above lists interventions that have some evidence of success in changing behavior related to teen pregnancy. These interventions demonstrate positive results for one or more of the following outcomes: delayed sexual initiation, improved contraceptive use, reduced teen pregnancy and reduced secondary pregnancy.

Also see Adolescent Health Interventions ? Sexual Health and Pregnancy

Violence

» Sample Logic Models

Domestic Violence Legislation Awareness-Raising Campaign Logic Model ^[564] (pdf)

Domestic Violence Program Legal Advocacy Logic Model ^[565] (pdf)

Youth Violence Prevention Logic Model ^[566](pdf)

Reducing Youth Violence Logic Model ^[567] (pdf)

T.O.P ▲

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UCSF Main Site

Source URL: <https://fhop.ucsf.edu/intervention-planning-resources-and-tools>

Links

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- [3] https://fhop.ucsf.edu/#infect_disease
- [4] https://fhop.ucsf.edu/#teen_preg
- [5] <https://fhop.ucsf.edu/#violence>
- [6] <https://fhop.ucsf.edu/covid-19-resources-mcah>
- [7] https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/psycholcd_a07.doc
- [8] https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/psychol_a07.doc
- [9] <https://fhop.ucsf.edu/provisional-postpartum-care-extension-letter>
- [10] http://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/AMCHP_PowerofPrevention_5-8-09_Online.pdf
- [11] https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/Principles%20of%20Community%20Engagement_Report.pdf
- [12] <https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/Health%20Promot.%20Int.-2011-van%20Achterberg-148-62.pdf>
- [13] <http://datadrivenculture.org/asset/12-tips-for-data-visualization/>
- [14] http://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/CA2015_HEDIS.pdf
- [15] http://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/QIToolkit_PDSAWorksheet.pdf
- [16] http://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/CHCS-BSCF-IB2_052317.pdf
- [17] http://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/PDF%20MaternityCareCalifornia2016.pdf
- [18] <http://fhop.ucsf.edu/california-county-mcah-data-resources>
- [19] <http://fhop.ucsf.edu/general-public-health-data-resources>
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