

## Webinar: Healthy Weight and Pregnancy

**Date:** Tuesday, January 31, 2012

### **Description:**

This is the third webinar in a series of trainings related to Title V MCH priorities. The format of the webinar series combines program planning, a discussion of evidence-based interventions to address the problem, and a review available resources.

### **Training Objectives:**

By the end of the training, participants will be able to:

1. Prepare for logic model development
2. Articulate the rationale and benefits of using a logic model framework
3. Describe a logic model framework and its components
4. Understand the utility of logic models in planning and evaluation
5. Develop a logic model

### **Materials:**

Archived Webinar <sup>[1]</sup>

### **Individual Presentations from Webinar:**

Part 1.1 and 1.2: Data on obesity prevalence among reproductive age women and pre-pregnancy BMI in California - Renato Littaua, Epidemiology, Assessment, and Program Development, Maternal, Child, and Adolescent Health Program CA Department of Public Health.

? Recording Part 1.1 <sup>[2]</sup>

? Recording Part 1.2 <sup>[3]</sup>

? Slides <sup>[4]</sup>

Part 2: Effect of obesity and excessive weight gain on maternal health and pregnancy outcomes and recent research on interventions - Dr. Naomi Stotland, UCSF Department of Obstetrics, Gynecology, and Reproductive Sciences.

? Recording <sup>[5]</sup>

? Slides <sup>[6]</sup>

Web pages referenced:

UCSF MAMAs study <sup>[7]</sup>

Institute of Medicine: Weight Gain Guidelines <sup>[8]</sup>

UCSF Center for Obesity Assessment, Study, & Treatment (COAST) <sup>[9]</sup>

Part 3: Findings from the California Pregnancy-Associated Mortality Review, including obesity as a risk factor for death and comparisons of population-based rates of obesity - Elizabeth Lawton, Epidemiology, Assessment, and Program Development, Maternal, Child, and Adolescent Health Program CA Department of Public Health.

? Recording <sup>[10]</sup>

? Slides [11]

Part 4: Addressing prenatal weight gain in Kern County: work of the Perinatal Services Coordinator and a CPSP Roundtable on Pregnancy, Obesity, and Prenatal Nutrition - Michelle Curioso and Abigail Romo, Kern County Department of Public Health.

? Recording [12]

? Slides [13]

Program referenced:

Comprehensive Perinatal Services Program (CPSP) [14]

### **Additional Resources:**

Sample logic model from Calgary Health Region - Healthy Pregnancy Weight Project [15]

Sample logic model from Nurse-Family Partnership - Theory of Change Logic Model [16]

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**Source URL:** <https://fhop.ucsf.edu/webinar-healthy-weight-and-pregnancy>

### **Links**

[1]

<https://picasaweb.google.com/115500554113267944237/FHOPHealthyWeightAndPregnancyWebinar13112>

[2] [https://picasaweb.google.com/lh/photo/TiT6WzK\\_r-FJTFIIoD9udMTjNZETYmyPJy0liipFm0?feat=directlink](https://picasaweb.google.com/lh/photo/TiT6WzK_r-FJTFIIoD9udMTjNZETYmyPJy0liipFm0?feat=directlink)

[3] <https://picasaweb.google.com/lh/photo/N2zyyL-DIlyT8w4yqSk5DdMTjNZETYmyPJy0liipFm0?feat=directlink>

[4] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar\\_013112\\_slides\\_part1.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar_013112_slides_part1.pdf)

[5]

<https://picasaweb.google.com/lh/photo/5Uj64HZR45aCFQWYmK10C9MTjNZETYmyPJy0liipFm0?feat=directlink>

[6] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar\\_013112\\_slides\\_part2.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar_013112_slides_part2.pdf)

[7] <http://mamasstudy.com/index.html>

[8] <http://iom.edu/Reports/2009/Weight-Gain-During-Pregnancy-Reexamining-the-Guidelines.aspx>

[9] <http://chc.ucsf.edu/coast/>

[10]

<https://picasaweb.google.com/lh/photo/zMvIpl6G39HdTkEChiO899MTjNZETYmyPJy0liipFm0?feat=directlink>

[11] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar\\_013112\\_slides\\_part3.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar_013112_slides_part3.pdf)

[12]

[https://picasaweb.google.com/lh/photo/vpAWN5E9FB5h8vqKy0s\\_RdMTjNZETYmyPJy0liipFm0?feat=directlink](https://picasaweb.google.com/lh/photo/vpAWN5E9FB5h8vqKy0s_RdMTjNZETYmyPJy0liipFm0?feat=directlink)

[13] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar\\_013112\\_slides\\_part4.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/webinar_013112_slides_part4.pdf)

[14] <http://www.cdph.ca.gov/programs/CPSP/Pages/default.aspx>

[15] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/healthy\\_pregnancy\\_weigh\\_%20logic\\_model.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/healthy_pregnancy_weigh_%20logic_model.pdf)

[16] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/NFP\\_TOC\\_Logic\\_Model.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/wysiwyg/NFP_TOC_Logic_Model.pdf)