

## MCAH Marketplace

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The MCAH Market is a place intended for MCAH Directors and related program staff to share examples of resources (interventions, assessment tools, etc.) and programs they have developed that other local MCAH programs could adapt and utilize. FHOP compiled the initial items that were "for sale" during the MCAH Action Meeting in October 2009 and has posted them online at the MCAH Marketplace website since then. MCAH Directors and related program staff are encouraged to send resources for FHOP to post to more fully develop the resource bank for local MCAH programs, and in doing so provide a place to house the various tools and other useful resources that are sometimes only shared via emails.

Please contact FHOP if you have any questions, concerns, or ideas - all feedback welcome.

Action Plans	MCAH Action <sup>[1]</sup>	SIDS & Safe Sleep
Breastfeeding	MCAH Action Fall/Spring Conf Presentations	Substance Abuse
FHOP - MCAH Director Info	Mental Health	Trauma Informed Care & ACES
Funding & Budgets, and LHJ P & P	Needs Assessment	Teen Pregnancy & Sex Education
Human Trafficking	Perinatal Services Coordinators (PSCs)/CPSP	<b>*NEW* COVID-19 Resources</b>
Life Course	Perinatal Substance Abuse	
Marijuana Use in MCAH	Problem Analysis	

## COVID-19 County Response Resources

1. Alameda County MPCAHA Starting Out Strong Telehealth Practice and Guidelines <sup>[2]</sup> (revised April 2020)
2. Return to Work Practices - California Counties <sup>[3]</sup> (updated on Aug 10, 2020)
3. COVID19 Return to School Criteria - Inyo <sup>[4]</sup> (September 2020)
4. Decision Pathways for Symptom and Exposure Screening of Children at Early Care and Education Centers and K-12 Schools <sup>[5]</sup> (Created by Los Angeles Dept. of Public Health August 2020)

5. Protocol for COVID-19 Exposure Management Plan in K-12 Schools - <sup>[6]</sup> Pasadena (September 2020)
6. Protocols for Response to COVID-19 Exposure 8.13.20 <sup>[7]</sup> - Yolo County
7. Template Letter - Confirmed COVID-19 in Office.8.13.20 <sup>[8]</sup> - Yolo County
8. Template Letter - Household Member or Close Contact.8.13.20 <sup>[9]</sup> - Yolo County
9. Template Letter - Negative Test In Cohort.8.13.20 <sup>[10]</sup> - Yolo County
10. COVID-19 recommendations checklist for schools 9.8.2020 <sup>[11]</sup> - San Mateo County
11. Orange County - child COVID screening pathway <sup>[12]</sup> (9.12.20) - Orange County
12. San Joaquin County developed a series of booklets on Having a Baby During the COVID-19 Pandemic (November 2020):
  - Pregnancy Booklet <sup>[13]</sup> (best for printing)
  - Pregnancy Booklet <sup>[14]</sup> (best for posting on the internet/social media)
  - Pregnancy Booklet Spanish <sup>[15]</sup> (in Spanish, best for printing)
  - Pregnancy Booklet Spanish <sup>[16]</sup> (in Spanish, best for posting on the internet/social media)
13. GuidanceHomeVisitingStaff <sup>[17]</sup>- From LA County (updated November 2020)
14. COVID-19 Guidelines for Family Health Services <sup>[18]</sup>- From San Luis Obispo (December 2020)
15. Solano County: Addressing delayed pediatric Well Child Screenings <sup>[19]</sup> - PPT (Feb 2021)
  - Interventions to increase pediatric vaccine uptake An overview of recent findings\_Frew & Lutz 2017 <sup>[20]</sup>
  - Notice on the Community Immunity VACCINES Act <sup>[21]</sup> (December 2020)
  - Immunizations Help Me Grow Solano <sup>[22]</sup> (poster, English)
  - Immunizations Help Me Grow Solano <sup>[23]</sup> (poster, Spanish)
16. Stanislaus presentation on school re-opening <sup>[24]</sup>
  - Stanislaus - Quarantine of Students exposed to COVID 19 <sup>[25]</sup>(March 2021)
  - Stanislaus school reopening COVID19 Pamphlet <sup>[26]</sup>
  - Stanislaus school reopening COVID19 Pamphlet (Spanish) <sup>[27]</sup>
17. School Reopening in Marin <sup>[28]</sup> (March 2021)
18. Orange County TK- 12 School Reopening Challenges and Success presentation <sup>[29]</sup> (March 2021)
  - Orange County - Symptom Decision Tree - Student <sup>[30]</sup> (Dec 2020)
  - Orange County - COVID Symptom Decision Tree -Staff <sup>[31]</sup>(Dec 2020)

## Action Plan

\*All sample action plans are from Sacramento

1. Sample Action Plan Goal 1 <sup>[32]</sup>
2. Sample Action Plan Goal 2 <sup>[33]</sup>
3. Sample Action Plan Goal 3 <sup>[34]</sup>
4. Sample Action Plan Goal 4 <sup>[35]</sup>

## Breastfeeding

1. Breastfeeding Proclamation Humboldt Board of Supervisors (2013-2016) <sup>[36]</sup>

## **Fall/Spring MCAH Conference Presentations**

2015:

1. Messages on Perinatal Substance Abuse Presentation - Cadena [37]
2. MCAH May 2015 Trauma Informed Care Presentation - Gabriella Grant [38]
3. MCAH Action Ed Day Perinatal MJ use Oct 2015 [39] [38]

2016:

1. Education Day Agenda October 2016 [40]
2. Maternal Mental Health- Risk Factors, Ramifications and Roles by Dr Anna Glezer [41]
3. Michelle Cummings Training Wheels and Personify Leadership [42]

2017:

May-

1. Congenital Syphilis in Kern County [43]
2. Congenital Syphilis in CA [44]
3. Patient-Centered Contraceptive Counseling: Practice and Performance Measurement [45]
4. My Birth Control: Engaging patients and providers in shared decision making around contraception [46]
5. Using Secret Shopper Surveys to Assess and Improve Reproductive Health Services: The San Francisco Experience [47]

October-

1. Education Day Agenda October 2017 [48]
2. Berkeley Media Studies Group Presentation - Strengthening capacity for communicating about MCAH in California [49]

## **FHOP - (MCAH Director Information)**

1. 2011 MCAH Director Toolkit [50]

## **Funding & Budgets & LHJ Policy and Procedures (Misc)**

1. MCAH Action Budget Presentation [51]
2. Federal Financial Participation (FFP) Examples for MCAH Agencies [52]
3. Imperial County Home Visiting Program Confidentiality and HIPPA Requirements [53]

## **Human Trafficking**

1. What being a flight attendant taught me about human trafficking [54]
2. Human Trafficking 101 - Dignity Health (PSC conference presentation)
3. Human Trafficking Basics for CPS Coordinators [55] - Susie Baldwin MD, MPH (PSC conference presentation)

## Life Course

1. Creating a Life Course Community System [56] (Alameda County PPT)
2. HRSA Webcast: **Federal Overview: MCHB's Current and Future Life Course Activities** [57]
3. HRSA paper: Rethinking MCAH - The Life Course Model as an Ongoing Framework [58]
4. Life Course Framework for FHS All Staff Retreat October 2013 [59]
5. Life Course Roadshow May 2011 [60]
6. MCAH Action Life Course Theory-Moving to Action [61]
7. Rethinking MCH: Life Course Cliff Notes [62]

## Marijuana Use in MCAH

1. Marijuana Pregnancy and Breastfeeding Guidance for Colorado Health Care Providers Prenatal Visits [63]
2. Pediatric Exposure Prevention: Clinical Guidance for Colorado Health Care Providers [64]
3. Marijuana Pediatric Exposure Prevention: Clinical Guidance for Colorado Health Care Providers [65]

## Mental Health

1. BIH Medical Social Worker Listing (Alameda County) [66]
2. Butte PMAD Learning Community July 2015 (Mothers Strong) [67]
3. Calaveras Action Plan Goal 2 PMAD from webinar 1.7.14 [68]
4. Supporting Mamas Website [69]
5. LA Provider Survey perinatal depression [70]
6. MH Clinician Duty Statement and JD [71] (January 2015)
7. Placer Sample AP for mental health ( [72]January 2015)
8. PMAD Algorithm and Resources - Orange County [73]
9. Santa Cruz PMHC (July 2015) [74]
10. Yolo MCAH Mental Health Collaborative (July 2015 [75])
11. Travelling Blue Dot Toolkit [76] - Travelling Blue Dot Social Media Campaign: A Stakeholder Engagement Project to Address Maternal Mental Health (Spring 2017) [77]
12. **Maternal Mental Health Provider Survey** - this survey is for you to disseminate to providers within your Local Health Jurisdiction (LHJ) to learn about their screening, referral, and treatment practices for PMADs. Below are all of the components you may need while administering the survey, including sample emails for contacting OB-GYNs, Midwives, and Family Practice Physicians and one for contacting Pediatricians. Please contact us: fhop@ucsf.edu [78] or (415-476-5283) for an analysis of your data if you intend on sending the survey out to providers in your LHJ:

- MMH Provider Survey [79]- a PDF version of survey for your review (also: providers are welcome to mail this to FHOP if they would prefer to take a paper version)
  - Tips for Using the Maternal Mental Health Provider Survey [80]
  - SAMPLE Email for OB-GYNs, Midwives, and Family Practice Physicians [81]
  - SAMPLE Email for Pediatricians [82]
13. Feelings in Motherhood [83] - Flipbook created by Riverside County; each specific handout can be found below:
    - Feelings in Motherhood (English) [84]
    - Feelings in Motherhood (Spanish) [85]
    - Tips on Staying Well (English) [86]
    - Tips on Staying Well (Spanish) [87]
  14. Moving Forward: Collaborative Solutions for Perinatal Mental Health in Los Angeles County [88]
  15. Maternal Mental Health Packet [89]- Inyo County
    - Maternal Mental Health Screening and Care Pathway [90]Inyo County

## Needs Assessment

1. Body Mass Index Fact Sheet - Low Literacy Approved [91](2011)
2. Deliverable Forms Sacramento Sample [92]
3. Deliverable Forms Trinity Sample [93]
4. Sample MCAH Needs Assessment Planning Document [94]
5. Sample Mock-Up Survey SFDPH MCAH (2014) [95]
6. Sample Problem Statement Template and Meeting Agenda [96]
7. Sample Stakeholder PowerPoint Revised Santa Barbara [97]
8. Example Timeline Tentative MCAH Assessment 2014 Timeline [98]
9. Example MCAH Advisory and 5 Year Needs Assessment [99]
10. Example Mono County Health Survey [100]
11. Sample Nutrition and Physical Activity Work group [101]
12. Sample Presentation Goal 1 [102]
13. Agency and Professionals Needs Assessment Survey (Feb 2014) Pasadena [103]
14. Consumer survey monkey questions [104]
15. Consumer Survey results MCAH Needs Assessment (2009 [105])
16. MCAH Needs Assessment - Sonoma County [106](2014)
17. Mono County MCAH Needs Assessment Meeting [107]
18. Sample Agenda [108]
19. Sample Agenda [109]
20. Sample Presentation (Long Beach) - Hispanic Community Spanish and English [110]
21. Sonoma Survey Monkey quest MCAH (2008) [111]
22. Sonoma Survey Monkey results MCAH (2009) [112]
23. Survey - Latinos in Action English (Long Beach) [113](2014)
24. Sonoma County Agenda Example for meeting IDA [114]
25. Sonoma County Example Problem Analysis Iron Deficiency Anemia [115]
26. Sonoma County Example Reducing Iron Deficiency Anemia in Young Children 5-4 [116]
27. West ED Developmental Screening Landscape Analysis FINAL 2-3-17.pdf [117]

## 2018/2019

1. Kern County Community Health Survey [118]
2. Key Informant Interview Guide [119] (CCS + CYSHCN) - Developed by FHOP for the CCS Title V Needs Assessment, this can be adapted for your needs!
3. CYSHCN Key Informant Interview Guide [120] - the above guide adapted to be CYSHCN-only
4. Ventura County Community Health Survey - 2019 [121]
  - o Ventura County Community Health Survey - SPANISH [122]
  - o Survey Flyer in English and Spanish [123]
  - o Template E-mails for sending the survey [124]
5. Santa Barbara 2019 Title V Community Assessment Stakeholder Mtg Slides [125]
6. Santa Barbara Title V Needs Assessment Stakeholder Survey [126]

## Perinatal Substance Abuse

1. Letter to the editor sample [127] - Ira J. Chasnoff
2. Op Ed Sample: [128]Ira J. Chasnoff
3. MCAH Action Ed Day Perinatal MJ use Oct 2015 [129]
4. Teaching tool - alcohol & contraception effectiveness [130] (2013)
5. Preventing Substance Exposed Pregnancies Utah [131]
6. WHQ Provider Orientation Outline FY 13-14 [132]
7. Women SBI bilingual MAY 2014 [133]

## Problem Analysis

1. FHOP Problem Analysis Webinar Presentation [134] (PPT)
2. FHOP Problem Analysis Webinar Presentation [135] (PDF)
3. NA - Sample problem and data analysis summary [136]
4. Blank Problem Analysis Diagram (2010) [137]

## SIDS & Safe Sleep

1. 5-year Action Plan SIDS Example [138]
2. Keep Baby close and safe fact sheet and Motivational Interviewing tool (Sonoma) Jan 2015 [139]
3. Safe Sleep For Infants - Overview of AAP Recommendations [140]
4. Safe Sleep for Infants - Speaker evaluation form [141]
5. SIDS Draft Action Plan KMC from Webinar ( [142]2015)
6. Safe Sleeping Card (English & Spanish) - Contact FHOP (fhop@ucsf.edu [78]) for the Microsoft publisher documents
7. Baby Box Co. Frequently Asked Questions [143]
8. CDPH SIDS Advisory Council Recommendations on Baby Boxes [144]
9. Safe Sleep Brochure from Orange County [145]

10. Safe Sleep Parent Assessment Tool from Orange County [146]
  - Also, Orange County's SIDS website:  
<http://www.ochealthinfo.com/phs/about/family/mcah/sids> [147]

## **Substance Abuse**

1. Humboldt County Brochures on Cannabis Use:
  - Cannabis and the Teen Brain [148]
  - Cannabis and Breastfeeding - Pregnancy [149]
  - Cannabis and Driving [150]
  - Cannabis Side Effects - Drug Interactions [151]

## **Teen Pregnancy & Sex Education**

1. CA Healthy Youth Act Compliance Evaluation Checklist for Districts - Grades 7-12 [152]
2. CA Healthy Youth Act Toolkit Portfolio [153]
3. CA Healthy Youth Act 2016 Presentation [154]
4. Curricular Materials and Resources - CA Healthy Youth Act [155]
5. Fast Facts about the California Healthy Youth Act [156]
6. Frequently Asked Questions - CA Healthy Youth Act - CA Sexual Health Education Round table [157]
7. Questions & Answers for School Districts - CA Healthy Youth Act [158]
8. Sample Parent-Guardian Notification Letter Grades 7-12 - CA Healthy Youth Act [159]
9. Mother-Daughter Workshop Overview-Pre-teen [160] - from Ventura County
  - Pre-Teen Pre-Survey Final 2014 [161]
  - Pre-Teen Pre-Survey Final Mother 2014 [162]
  - Pre-Teen Pre-Survey Final Mother Spanish 2014 [163]
  - Pre-Teen Post-Survey Final 2014 [164]
  - Pre-Teen Post-Survey Final Mother 2014 [165]
  - Pre-Teen Post-Survey Final Mother (Spanish) 2014 [166]

## **Trauma Informed Care & Adverse Childhood Experiences (ACEs)**

1. MCAH Gabriella Grant Presentation May 2015 [167]
2. El Dorado County ACEs Action Plan Workbook [168]

## **Perinatal Services Coordinators (PSCs)/Comprehensive Perinatal Services Programs (CPSP)**

California PSC Annual Conference - November 2017:

1. Buzz on Zika - Should we still be concerned? - [169] Neil S. Silverman, M.D.
2. Human Trafficking 101 [170] - Dignity Health
3. Human Trafficking Basics for CPS Coordinators [171] - Susie Baldwin MD, MPH
4. Immunization Updates and Collaborative Projects [172] - Rebeca Boyte, MAS, CLEC

(CDPH)

5. Lessons learned - Marijuana Education and Prevention in Colorado <sup>[173]</sup> - Jessica Neuwirth
6. Links to teaching tools <sup>[174]</sup>

Contact Us  
UCSF Main Site

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**Source URL:** <https://fhop.ucsf.edu/mcah-marketplace-0>

### Links

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[2]

[https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Alameda%20County%20MPCAH%20Starting%20](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Alameda%20County%20MPCAH%20Starting%20)

[3]

[https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Return%20to%20Work%20Practices%20-%20California%20Counties.%20ASutton.docx](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Return%20to%20Work%20Practices%20-%20California%20Counties.%20ASutton.docx)

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[5] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/ScreeningEducationSettings.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/ScreeningEducationSettings.pdf)

[6] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Pasadena%20-%20Exposure-management-plan.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Pasadena%20-%20Exposure-management-plan.pdf)

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[8] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Template%20Letter%20-%20Confirmed%20COVID-19%20in%20Office.8.13.20.docx](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Template%20Letter%20-%20Confirmed%20COVID-19%20in%20Office.8.13.20.docx)

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[11] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/covid-19\\_recommendations\\_checklist\\_for\\_schools\\_9.8.2020.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/covid-19_recommendations_checklist_for_schools_9.8.2020.pdf)

[12] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Orange%20County%20-%20child%20COVID%20screening%20pathway.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Orange%20County%20-%20child%20COVID%20screening%20pathway.pdf)

[13] [https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom\\_download/Pregnancy%20Booklet\\_FINAL.pdf](https://fhop.ucsf.edu/sites/fhop.ucsf.edu/files/custom_download/Pregnancy%20Booklet_FINAL.pdf)

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