

THE CALIFORNIA HEALTHY YOUTH ACT – EDUCATION CODE §§ 51930-51939
COMPREHENSIVE SEXUAL HEALTH AND HIV PREVENTION EDUCATION

CURRICULAR MATERIALS & RESOURCES

Below is an initial list of curricula that have been updated, or are being updated, with the goal of meeting the requirements of the California Healthy Youth Act, which took effect in January 2016. Some may require additional supplementation to be in full compliance with the new law. Over time we will add more resources to this list. Please check http://www.aclunc.org/sex_ed for the latest version.

PUBLISHED CURRICULA

The publishers of the curricula listed below also provide training for educators.

Positive Prevention PLUS

POSITIVE PREVENTION PLUS

<http://www.positivepreventionplus.com/>

Positive Prevention PLUS is a comprehensive curriculum for grades 7-12 (middle school and high school editions), including lessons with marginal notes, pre-post tests, family home assignments, a CD with PowerPoint and images, and other features. Written specifically for use in California, this curriculum involves 13 lessons of 45 minutes each, and is available in both English and Spanish; there is also a version for Special Education students.

Teen Talk

HEALTH CONNECTED

<http://www.health-connected.org/#!our-curricula/czks>

Teen Talk Middle School (grades 7-8) and *Teen Talk High School* (grade 9) each include 14 lessons, taught over 10 hours, typically across two weeks. *Teen Talk* was developed for use in California schools and was designed to be inclusive of diverse racial, ethnic, religious, and sexual identities, for mixed-gender classrooms. *Puberty Talk* is also available for grades 5 and 6. All activities are available in English and Spanish.

Rights, Respect, Responsibility

ADVOCATES FOR YOUTH

<http://advocatesforyouth.org/3rs-curriculum>

Rights, Respect, Responsibility (2015), is a K-12 evidence-informed curriculum written to meet the [National Sexuality Education Standards](#). As a national curriculum, it does not have all of the specific content required by California (such as information about California's newborn safe surrender law), but its comprehensive approach, focus on healthy relationships and challenging negative gender stereotypes, LGBT inclusiveness, and other elements are aligned with the California Healthy Youth

Act. It consists of free lesson plans—40 minutes each for K-5 and 50 minutes for grades 6-12— that can be used individually or to form a complete curriculum.

CURRICULA BY CALIFORNIA SCHOOL DISTRICTS

The following districts have designed their own curricula to meet California law and health standards and the needs of their students. They have generously offered to make themselves available as a resource for others.

Be Real. Be Ready.

SAN FRANCISCO UNIFIED SCHOOL DISTRICT | CHRISTOPHER PEPPER, pepperc@sfusd.edu
<http://sfusdhealtheducation.org/be-real-be-ready/>

Be Real. Be Ready. (high school) is taught by certified health educators in the context of required health classes in grade 9. This comprehensive curriculum involves 24 lessons and includes a pre-post test, implementation tools for each lesson, and many resources, all available for free online. While this curriculum was designed to meet all California Education Code requirements, there may be some newly required content areas under the California Healthy Youth Act that require supplementation, namely sex trafficking. Contact Christopher Pepper for more information on *Be Real. Be Ready.*

Healthy Oakland Teens

OAKLAND UNIFIED SCHOOL DISTRICT | ISLA BERTOLINI, ilsa.bertolini@ousd.org

Healthy Oakland Teens (high school) is newly designed and has been in use in Oakland Unified schools since spring 2015. As this district does not require health classes for graduation, its curriculum was designed to be taught by science and English/language arts teachers in tandem - each providing 5 lessons for a total of 10 lessons during grade 9. These teachers also received comprehensive training prior to delivering the curriculum, which was critical to their success. Contact Ilsa Bertolini for more information about this curriculum.

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THIS RESOURCE WAS DEVELOPED BY THE ACLU OF CALIFORNIA,
A collaboration of the ACLU of Northern California, the ACLU of Southern California, and the ACLU of San Diego & Imperial Counties

For more information, go to http://www.aclunc.org/sex_ed.
If you are concerned that your school is not following the law, contact the ACLU for help.